

**JUNE 2026**



**DOWNERS GROVE TOWNSHIP  
SENIOR PROGRAMS**

**DOWNERS GROVE TOWNSHIP CENTER**

4341 Saratoga Avenue  
Downers Grove, IL 60515

**(630) 719-6670**

[www.myactivecenter.com/activities/4276:1](http://www.myactivecenter.com/activities/4276:1)

**Registration for June programs opens on  
Tuesday, May 26 at 9:00am  
DO NOT LEAVE A VOICEMAIL**

The Downers Grove Township Center provides programs and services designed to enhance the quality of life for our senior citizens 55 years of age and over. These programs promote independence and wellness to help older adults in the community remain active and healthy.

***We look forward to seeing you soon!***

Downers Grove Township Center  
4341 Saratoga  
Downers Grove, IL 60515

# Senior Programs

## June 2026

Register at 630-719-6670 or  
myactivecenter.com/activities/4276:1



Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>  <b>No Downers Grove Township Center Programs</b>	<b>2</b> <b>9:30</b> Games & Crafts <b>11:00</b> Community Dining <b>12:30</b> Mental Health Presentation <b>2:30</b> Games	<b>3</b> <b>9:30</b> Chair Yoga* <b>11:00</b> Community Dining <b>12:30</b> Let's Talk Health <b>3:00</b> Chair Yoga*	<b>4</b> <b>9:30</b> Spreading Sunshine 1 <b>10:00</b> Open Games at Darien P.D. <b>1:00</b> Tai Chi <b>2:30</b> Games	<b>5</b> <b>9:30</b> Veterans Coffee, Conversation, & Resource Rally  <b>1:00</b> Get Up & Game Day!
<b>8</b> <b>9:00</b> Just Us Seniors <b>11:00</b> Quilling 101 <b>1:00</b> Cardmaking*	<b>9</b> <b>9:30</b> Games & Crafts <b>11:00</b> Community Dining <b>12:30</b> "Extra Help" Conversation <b>2:30</b> Games	<b>10</b> <b>9:30</b> Chair Yoga* <b>11:00</b> Community Dining <b>12:30</b> Bingo <b>3:00</b> Chair Yoga*	<b>11</b> <b>9:00</b> Men's Coffee & Conversation <b>10:00</b> Open Games at Darien P.D. <b>10:00</b> Caregiver Support Group <b>11:30</b> Relaxation <b>12:00</b> SSS: Esoph. Cancer <b>1:00</b> Tai Chi <b>2:30</b> Games	<b>12</b> <b>9:00</b> Esophageal Pre-Cancer Screenings  <b>1:00</b> Popcorn Matinee
<b>15</b> <b>10:00</b> AARP Smart Driver** <b>11:00</b> Life Transitions Seminar	<b>16</b> <b>9:30</b> Games & Crafts <b>11:00</b> Community Dining <b>12:30</b> Sing-a-long <b>2:30</b> Games	<b>17</b> <b>9:30</b> Chair Yoga* <b>10:00</b> AARP Smart Driver** <b>11:00</b> Community Dining <b>1:30</b> Book Club <b>3:00</b> Chair Yoga*	<b>18</b> <b>9:30</b> Spreading Sunshine 2 <b>10:00</b> Open Games at Darien P.D. <b>11:00</b> Acoustic Jam <b>1:00</b> Tai Chi <b>2:30</b> Games	<b>19</b> <b>Closed in Observance of Juneteenth</b>  <b>Saturday, June 20</b> <b>11:00</b> Dell Rhea's Meet Up
<b>22</b>  <b>No Downers Grove Township Center Programs</b>	<b>23</b> <b>9:30</b> Games & Crafts <b>11:00</b> Community Dining <b>11:00</b> Monarch Butterflies 101 <b>2:00</b> Sunrise Meetup <b>2:30</b> Games	<b>24</b> <b>9:30</b> Chair Yoga* <b>11:00</b> Community Dining <b>12:30</b> Wii Wednesday <b>3:00</b> Chair Yoga*	<b>25</b> <b>9:30</b> Trivia Time with Terry & Kai <b>10:00</b> Open Games at Darien P.D. <b>10:00</b> Caregiver Support Group <b>11:30</b> Mindfulness <b>1:00</b> Tai Chi <b>2:30</b> Games	<b>26</b> <b>1:00</b> Wild West Father's Day Social
<b>29</b> <b>10:30</b> Veterans' Benefits with Home Helpers <b>1:30</b> Crafternoon: Star-Spangled Centerpieces*	<b>30</b> <b>9:30</b> Games & Crafts <b>11:00</b> Community Dining <b>1:00</b> Retirement Presentation <b>2:30</b> Games	<b>1</b> <b>9:30</b> Chair Yoga* <b>11:00</b> Community Dining <b>12:30</b> Wii Wednesday <b>3:00</b> Chair Yoga*	<b>2</b> <b>9:30</b> Spreading Sunshine 1 <b>10:00</b> Open Games at Darien P.D. <b>1:00</b> Tai Chi <b>2:30</b> Games	<b>3</b>  <b>Closed in Observance of Independence Day</b>

\* \$5 cost to participate  
\*\* Fee to participate

Registration for June programs opens Tuesday, May 26 at 9:00am

To learn more visit: [www.dgtownship.com/senior-services/](http://www.dgtownship.com/senior-services/)



**COME ENJOY LUNCH WHILE SOCIALIZING  
WITH OTHERS IN OUR COMMUNITY**

# Community Dining

**DuPage Senior Citizens Council** will serve hot, nutritious meals to seniors 60+ on Tuesdays and Wednesdays from 11:00 am -12:00 pm.

**Downers Grove Township Center**  
4341 Saratoga Avenue  
Downers Grove, IL 60515

**A donation of \$5.00 is requested**  
(Flat \$7.00 fee for anyone under the age of 60)

**REGISTER BY 10AM THE WEDNESDAY PRIOR  
AT 630-642-8517**



**COMMUNITY DINING MENU** Downers Grove Township  
(630) 642-8517 **JUNE 2026**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Eggs / Biscuit & Gravy (Turkey Sausage) Diced Hash Browns Apple Cobbler Juice 1 Banana	Slow Roasted Beef Au Gratin Potatoes Carrots & Chives Whole Wheat Dinner Roll Mixed Fruit		
1	2	3	4	5
	Italian Sausage / Marinara Scalloped Potatoes Brussels Sprouts Whole Wheat Sausage Bun Fresh Melon	BBQ Pulled Chicken Cheddar Mashed Potatoes Broccoli Whole Wheat Sandwich Bun Chilled Pears		
8	9	10	11	12
	<b>COLD MEAL</b> Chicken Pasta Salad w/Creamy Parmesan Mixed Salad Greens Herbed Tomato Wedges Multi Grain Bread Pineapple Tidbits	Eggs Lorraine (Bacon) Potato O'Brien Blueberry Muffin Fruit Cup Fresh Orange		<b>ALL LOCATIONS CLOSED IN OBSERVANCE OF JUNETEENTH</b>
15	16	17	18	19
	Salisbury Steak Mashed Potatoes Cabbage & Carrots Multi Grain Bread Fresh Melon Oatmeal Raisin Cookie (*)	Pizza Calzone Broccoli Sicilian Blend Veggies Mixed Salad Greens Mixed Fruit		
22	23	24	25	26
	Beef French Dip w/Mushrooms & Onions Oven Fries Corn Whole Wheat French Roll Whole Apple			All Meals Include a Beverage (* Substitutions for <b>Diabetic</b> )
29	30			

MENU ITEMS SUBJECT TO CHANGE WITHOUT NOTICE DGTS

# PLEASE REGISTER IN ADVANCE FOR ALL EVENTS!

Visit [myactivecenter.com/activities/4276:1](https://myactivecenter.com/activities/4276:1) or call 630-719-6670.



Sign up early so you don't miss out! Waitlists will be formed once events reach capacity.

*If you are unable to attend an event, kindly call and let us know so that we can accommodate others who are interested.*

## JUST A REMINDER

Township Center doors will be opened 30 minutes before the start time of an event.

**REGISTRATION FOR JUNE  
PROGRAMS OPENS ON TUESDAY,  
MAY 26 AT 9:00AM**

***DO NOT LEAVE A VOICEMAIL.***

*When visiting Downers Grove Township you may park in front of both the Township Center building (4341 Saratoga Avenue) or the Administrative Offices building (4340 Prince Street). Additional parallel parking is located on Sherman Street. Please be careful in our parking lot and consider carpooling when you can. Parking is limited!*





## GAMES & OPEN CRAFTING

Calling all early birds! Meet up with us on Tuesday mornings for some coffee, camaraderie, gaming, and crafting! We have a variety of board games, playing cards, American and Chinese Mahjong sets, puzzles, and craft supplies to choose from. This is also a great time to bring your own supplies, games, and projects from home to work on while hanging out with great people and starting your day off right.

**Tuesdays, June 2, 9, 16, 23, 30, 2026**  
**9:30 AM - 10:30 AM**



## GAMES, CARDS, PING PONG, & MORE!

Games, Ping Pong, and Puzzles, oh my! If you're looking for a fun afternoon with a dash of friendly competition, join us for afternoon games! Whether you prefer to play board games with a group, ping pong with the regulars, or "socially introvert" by working on a puzzle, we have something for everybody.

**Tuesdays, June 2, 9, 16, 23, 30, 2026**  
**Thursdays, June 4, 11, 18, 25, July 2, 2026**  
**2:30 PM - 3:30 PM**

## MENTAL HEALTH: WHAT IS IT AND WHY IS IT IMPORTANT?

Join **My Angels Home Care** for an insightful discussion on how we 'feel' mentally affects how we 'feel' physically. Together, we'll explore the deep connection and constant loop between physical and mental well-being, as well as the various influences on mental health. You'll also walk away with practical steps to help you live your best, healthiest life.

**Tuesday, June 2, 2026**  
**12:30 PM - 2:00 PM**



## MORNING CHAIR YOGA

Join us for a gentle exercise class focused on stretching and strengthening! This session includes both seated and standing chair yoga postures, designed to enhance your flexibility, mobility, relaxation skills, balance, and coordination. Come and experience the benefits of mindful movement in a supportive environment!

**Presented by MKH Yoga**

**Wednesdays, June 3, 10, 17, 24, July 1 2026**  
**9:30 AM - 10:30 AM**

**Cost: \$5**



**Register at [myactivecenter.com/activities/4276:1](https://myactivecenter.com/activities/4276:1) or call 630-719-6670**

**Downers Grove Township Center | 4341 Saratoga Avenue, Downers Grove, IL 60515**



## LET'S TALK HEALTH

**Ageless Men's Health** is the nation's leader in testosterone replacement therapy (TRT) and medical weight loss, serving men and women since 2007 through personalized, medically supervised care. We're excited to partner with the Downers Grove Township Center to offer complimentary on-site lab testing and a brief educational session to help you better understand your health from the inside out. Our commitment to the Downers Grove community is rooted in education, access, and proactive care—helping individuals feel informed, supported, and empowered to take control of their health.

**Wednesdays, June 3, 2026  
12:30 PM - 2:00 PM**



## SPREADING SUNSHINE: VOLUNTEER PROJECTS

Help give back to the community by volunteering! Each month we'll have a variety of projects available that will benefit local organizations in our area. Your efforts will make a positive impact on our community members.

**Session 1: Thursday, June 4, July 2, 2026  
Session 2: Thursday, June 18, 2026  
9:30 AM - 10:30 AM**

## AFTERNOON CHAIR YOGA

Join us for a gentle exercise class focused on stretching and strengthening! This session includes both seated and standing chair yoga postures, designed to enhance your flexibility, mobility, relaxation skills, balance, and coordination. Come and experience the benefits of mindful movement in a supportive environment!

**Presented by MKH Yoga**

**Wednesdays, June 3, 10, 17, 24, July 1 2026  
3:00 PM - 4:00 PM  
Cost: \$5**



## OPEN GAMES AT DARIEN PARK DISTRICT

If there's one thing we know for sure, it's that Township Seniors are serious about their games! In order to provide more open gaming options around the community, **Darien Park District** is now hosting Open Games every Thursday from 10:00 a.m. to 12:00 p.m. Bring your friends and let the games begin! **\*\*Registration is currently only available through the Township on My Active Center or by calling (630) 719-6670.**

**Thursdays, June 4, 11, 18, 25, July 2, 2026  
10:00 AM - 12:00 PM**

**\*Off-site program\***

**Darien Park District  
7301 Fairview Ave., Darien, IL 60561**



**Register at [myactivecenter.com/activities/4276:1](https://myactivecenter.com/activities/4276:1) or call 630-719-6670**



## VETERAN'S COFFEE, CONVERSATION, & RESOURCE RALLY

Veterans Coffee, Conversation, and Resource Rally is a monthly opportunity for veterans to come together for coffee, doughnuts, and connection. There will also be a variety of community agencies available to discuss benefits and resources specifically for veterans. **No registration necessary. Coffee and Conversation from 9:30-10:30. Resource Rally from 10:30-2:00 p.m.**

**Friday, June 5, 2026**

**9:30 AM - 2:30 PM**

**Township Board Room**

**4340 Prince Street, Downers Grove, IL**



## TAI CHI

Tai Chi is a 16-week-long, progressive exercise program designed to increase range of motion, strength, flexibility and overall wellness. Exercises offered are appropriate for people of all fitness levels- you can participate sitting or standing. Join us to improve your health and make new friends!

**\*Registration for this program is now closed.**

**Sponsored by White Crane Wellness  
Presented by MariJane Dare**

**Thursdays, June 4, 11, 18, 25, July 2, 2026  
1:00 PM - 2:00 PM**

## JUST US SENIORS

Just Us Seniors is an opportunity for Township Center patrons and Township staff to get together to discuss the current ideas, thoughts, opinions, issues, needs, and wants of the older adults that we serve. It's a great place to ask questions, get connected with resources, and bring new ideas to the table. Don't be shy. Give it a try!

**Monday, June 8, 2026**

**9:00 AM - 10:00 AM.**



## GET UP & GAME DAY!

Play your way to a great time with Recreation & Games! Enjoy a variety of fun, low-impact activities designed to keep you moving and smiling. Try ping pong, test your skills with Wii Bowling, toss some bags, and take part in light 'exercise in disguise' games perfect for all ability levels. Whether you're feeling competitive or just looking to relax and socialize, this is a great way to stay active, connect with others, and enjoy good company.

**Friday, June 5, 2026  
1:00 PM - 3:00 PM**

**Downers Grove Township Center | 4341 Saratoga Avenue, Downers Grove, IL 60515**



## QUILLING 101

Twirl, roll, and let your creativity bloom! 🌸 Join us for a delightful introduction to the art of paper quilling – perfect for beginners and seasoned crafters alike. The Township will provide all supplies, and a talented fellow senior will be partnering with staff to help guide the fun. You'll create a beautiful paper flower to take home – a blossom that will last long after spring has passed. Relax, create, and watch your imagination unfurl!

**Monday, June 8, 2026**  
**11:00 AM - 12:30 PM**

## CARDMAKING CLASS

Grab a spot before they're gone for this incredibly popular cardmaking class. You'll learn to make your own homemade greeting cards using a variety of rubber stamping and paper crafting techniques, **guided by instructor Lou Smolinski**. By the end of class, you'll have a handcrafted masterpiece that you may want to keep for yourself! This class fills up fast and does not disappoint.

**Monday, June 8, 2026**  
**1:00 PM - 3:00 PM**  
**Cost: \$5**



## THE CONVERSATION "ABOUT EXTRA HELP"

Starting a conversation about accepting extra help can be challenging, but it can significantly improve your independence, safety, and peace of mind. This session is specifically designed for seniors, focusing on recognizing when support may be beneficial, communicating your preferences, and maintaining control over your care decisions. Join us for a friendly and open discussion filled with practical tips to help you plan, express your needs, and continue living comfortably and confidently on your own terms.

**Sponsored by Fizza Penwala of  
CareDiem Home Care**

**Tuesday, June 9, 2026**  
**12:30 PM - 2:00 PM**

## BINGO

Come to the Downers Grove Township Center for a fun afternoon of Bingo, hosted and sponsored by our fabulous "Bingo Lady," **Alyssa Vejendla from Clemens Enterprises!** This is the most popular event, so sign up early! Prizes will be awarded, and dessert will be served. Don't forget - we will celebrate all of the special monthly birthdays!

**Wednesday, June 10, 2026**  
**12:30 PM - 2:00 PM**



**Register at [myactivecenter.com/activities/4276:1](https://myactivecenter.com/activities/4276:1) or call 630-719-6670**



## MEN'S COFFEE AND CONVERSATION

Be a part of Coffee and Conversation, an exclusive gathering for men! Enjoy a warm cup of coffee while engaging in lively discussions on topics that matter to you—from sports and hobbies to personal experiences and current events. This is a great opportunity to connect with other guys, share your thoughts, and build camaraderie in a relaxed setting. Whether you're here to chat or listen, your voice is welcome.

**Thursday, June 11, 2026**  
**9:00 AM - 10:30 AM**



## RELAXATION CLASS

Step into a space of tranquility. Join us in practicing calming breathing exercises, guided visualization, and mindful techniques that are designed to reduce stress and elevate your overall well-being. The mindfulness class will take place at the Board Room, located at 4340 Prince St., Downers Grove, IL. Seize this opportunity to invest in yourself and embrace your peace of mind!

**In partnership with Metropolitan Family Services**  
**Presented by Nate Underhile**

**Thursday, June 11 & 25, 2026**  
**11:30 AM - 12:00 PM**  
**Township Board Room**  
**4340 Prince Street, Downers Grove, IL**

## CAREGIVER SUPPORT GROUP

Our new Caregiver Support Group, **led by Nate Underhile from Metropolitan Family Services**, is designed for persons caring for aging parents or spouses, in person or long distance, including loved ones living with Alzheimer's disease or dementia. In a relaxed, understanding setting, participants can share experiences, talk through challenges, learn to balance their own needs with those of their loved ones, and discover helpful tips and resources. Most importantly, it's a chance to connect with others who understand the caregiving journey and to be reminded that you're not alone. The group meets in the Board Room at our 4340 Prince Street building on the 2nd and 4th Thursdays of each month.

**Thursday, June 11 & 25, 2026**  
**10:00 AM - 11:15 AM**  
**Township Board Room**  
**4340 Prince Street, Downers Grove, IL**



## SSS: ESOPHAGEAL CANCER AWARENESS: LEARN, PREVENT, AND PLAY

Join us for an informative and interactive Senior Survival Skills presented by **Lucid Diagnostics**. Learn about esophageal cancer, risk factors, prevention, and the importance of early screening and detection. After the presentation, test your knowledge with a fun game of Jeopardy and enjoy an engaging afternoon of learning, laughter, and helpful health information. Lunch will be provided.

**Thursday, June 11, 2026**  
**12:00 PM - 2:00 PM**





## ESOPHAGEAL PRE-CANCER SCREENINGS

When it comes to health, let's be proactive! Did you know that Esophageal Cancer has increased over 500% in the past 4 decades? Through risk factors and symptoms, screening can help detect precancerous stages before it turns to cancer. Join us for a health and wellness, precancer screening to help with early detection! **\*\*Please call (630)310-9553 for any questions about EsoGuard Screening and to sign up for your screening appointment. Appointments are REQUIRED. Screenings will be held in the Board Room at the Township in a private setting, and all of your information will be kept confidential.**

Friday, June 12, 2026  
9:00 AM - 2:00 PM  
Township Board Room  
4340 Prince Street, Downers Grove, IL



## AARP SMART DRIVER

This 2-day course teaches proven driving techniques to help keep you and your loved ones safe on the road. Additionally, you could be eligible for a multi-year discount on your auto insurance. **Bring cash or check to the first day of class. Please bring your own lunch. Light refreshments will be provided. Must call (630) 719-6670 to register.**

Monday & Wednesday, June 15 & 17, 2026  
10:00 AM - 2:00 PM

**\$20 AARP Members**  
**\$25 Non-AARP Members**  
Township Board Room  
4340 Prince Street, Downers Grove, IL

## POPCORN MATINEE

Join us for this month's Popcorn Matinee at the Township Center, where you can enjoy fresh, movie-theater-style popcorn and some fun voting! This month, we're featuring two refurbished classics: *Ghostbusters* (2016) and *Jumanji* (2017). Sometimes, the classics return with a new twist and plenty of mischief. After watching both trailers, you'll have the chance to cast your vote by a show of hands. Then settle in for the feature presentation! Will you join the ghost-catching crew in rebooting the supernatural business, or embark on a jungle adventure where the game has definitely upgraded its rules?

Friday, June 12, 2026  
1:00 PM - 3:00 PM



## LIFE TRANSITIONS SEMINAR

Join **Mosaic Counseling** of Hinsdale for a warm and welcoming workshop designed especially for seniors navigating life's changes. This event will focus on understanding common life transitions, such as retirement, health changes, and shifts in family roles, and offer gentle, practical ways to cope and adjust. Together, we will explore healthy coping skills in a supportive environment, while also normalizing that these changes can feel challenging and you are not alone in that experience. The workshop will include a relaxing art therapy activity to encourage expression and connection, and light snacks will be provided. This event is ideal for seniors who have recently experienced a life transition and are seeking guidance, community, and encouragement.

Monday, June 15, 2026  
11:00 AM - 12:00 PM



Register at [myactivecenter.com/activities/4276:1](https://myactivecenter.com/activities/4276:1) or call 630-719-6670

## BOOK CLUB

*A Woman of No Importance* is a captivating book about Virginia Hall, one of the greatest spies in American history, whose story remains largely untold. Sonia Purnell reveals the compelling narrative of this powerful, influential, and shockingly overlooked heroine of the Second World War. With her signature insight and novelistic flair, Purnell presents the breathtaking account of how one woman's fierce persistence contributed to winning the war.

Wednesday, June 17, 2026  
1:30 PM - 2:30 PM  
Township Board Room  
4340 Prince Street, Downers Grove, IL



## CHICKEN BASKET LUNCH MEET UP

Start your weekend with good food and even better company! The Township invites you to come and join us for lunch at **Dell Rhea's Chicken Basket** restaurant



in Willowbrook, IL. This is a wonderful opportunity to enjoy a local restaurant and possibly meet new faces. **\*Separate checks, registration is required. The Township will be making all the arrangements. This is an individual meet-up, no transportation is provided.**

Saturday, June 20, 2026  
11:00 AM - 12:00 PM  
**\*Off-site program\***  
Dell Rhea's Chicken Basket  
645 Joliet Road, Willowbrook, IL 60527



## SING A LONG

Join us for a traditional Sing-a-Long session to unleash your inner songbird with some classics. A binder with words to each song will be provided. Songs will be accompanied and **led by Bob Jerosky**. Song requests are always welcome.

Tuesday, June 16, 2026  
12:30 PM - 1:30 PM



## ACOUSTIC JAM

Attention all musicians and music lovers! If you play an instrument and are eager to jam with fellow seniors, we invite you to join us for an exciting jam session! Please bring your instrument and a music stand, and feel free to bring any sheet music you'd like to share. Come and enjoy an afternoon filled with live music and camaraderie—let's create some beautiful sounds together! **Please note that this event is for musicians only; audience members are not allowed.**

Thursday, June 18, 2026  
11:00 AM - 12:30 PM



## RAISING MONARCH BUTTERFLIES 101

Attention all butterfly enthusiasts! If you have a passion for butterflies and want to learn how to raise Monarchs, this presentation is perfect for you! Our resident butterfly expert, **Alan Jirik**, will guide you through everything you need to know to raise happy and healthy Monarch butterflies. Plus, you'll receive some goodies to help you get started!

**Tuesday, June 23, 2026**  
**11:00 AM - 12:00 PM**



## WII WEDNESDAY

Looking for a fun and friendly way to stay active and social? Join us for Nintendo Wii & Ping Pong at the Downers Grove Township Center! Whether you're a seasoned pro or just trying something new, this is a great opportunity to get moving, challenge your hand-eye coordination, and enjoy some lighthearted competition with friends

**Wednesday, June 24, July 1, 2026**  
**12:30 PM - 2:00 PM**

## SUNRISE WILLOWBROOK MEETUP: MUSICAL BINGO & MORE

Join us at **Sunrise Senior Living** for an afternoon of Musical Bingo, refreshments, laughter, and connection! Experience familiar songs from the 50s, 60s, and beyond while spending time in a warm, inviting atmosphere. If you've ever been curious about senior living, this event is the perfect opportunity to experience our community in a comfortable, no-pressure setting. Guests will have the chance to explore the community, meet residents and team members, and discover the lively lifestyle, meaningful connections, and supportive environment that make Sunrise feel like home. We will also have fun prizes for Musical Bingo winners and a special raffle door prize for all guests in attendance! Feel free to bring a friend or family member! **\*Please note that this is an off-site program, and registration is required.\***



**Tuesday, June 23, 2026**  
**2:00 PM - 4:00 PM**

**\*Off-site program\***

**6300 Clarendon Hills Rd. Willowbrook, IL 60527**

## TRIVIA TIME WITH TERRY & KAI

Join us for an engaging afternoon of trivia **hosted by Terry and Kai**. This event provides a chance to test your knowledge on various topics while enjoying delicious snacks. It's an excellent opportunity to connect with friends, both old and new, and have some fun. Participants can challenge themselves and compete for bragging rights as part of a team. Don't miss this chance to socialize and showcase your team's understanding of American subjects from the year 1776 to 2026.

**Thursday, June 25, 2026**  
**9:30 AM - 12:30 PM**



**Register at [myactivecenter.com/activities/4276:1](https://myactivecenter.com/activities/4276:1) or call 630-719-6670**



# HAPPY FATHER'S DAY

## WILD WEST FATHER'S DAY SOCIAL

Join us for a Wild West Father's Day social filled with food, fun, and frontier flair! Guests will enjoy lunch, lighthearted activities, games, and surprises as we celebrate the dads and father figures in our community. Western attire is encouraged!

**Friday, June 26, 2026**  
**1:00 PM - 3:00 PM**



## CRAFTERNOON: STAR-SPANGLED CENTERPIECES

Celebrate America's 250th anniversary with a fun and festive crafting class! In this hands-on workshop, we'll transform simple mason jars into charming patriotic centerpieces using red, white, and blue decorations and creative upcycling techniques. These rustic creations will be perfect for summer celebrations and holiday décor. Whether you're an experienced crafter or just looking for a relaxing social activity, come enjoy an afternoon of creativity, conversation, and patriotic spirit!

**Monday, June 29, 2026**  
**1:30 PM - 3:00 PM**

**Cost: \$5**

## VETERANS' BENEFITS WITH HOME HELPERS

Join us for an informative and engaging presentation on Veterans' Benefits with our trusted partners at **Home Helpers**. In honor of Independence Day, they will discuss how veterans can access in-home support through Aid & Attendance benefits. This includes information on available services, eligibility guidance, and important contacts to help you get started. Enjoy light refreshments and juice while learning about valuable resources for yourself or a loved one.

**Monday, June 29, 2026**  
**10:30 AM - 12:00 PM**



## MONTHLY MONEY SERIES: RETIREMENT ISN'T A NUMBER, IT'S A STRATEGY



Come join us for our first installment of our Monthly Money Series by **WealthWave!** This presentation entitled, "Money Isn't a Number - It's a Strategy," discusses why most people are closer to their retirement goals than they think, but still at risk. As an attendee, you will learn how to turn savings into reliable income, discover hidden risks that can quietly derail a retirement plan, and why two people with the very same savings can have very different outcomes. Already retired? This program can still help you determine if you are on the best track and detect anything that might be missing. You won't want to miss it!

**Tuesday, June 30, 2026**  
**1:00 PM - 2:00 PM**

## HOW TO REGISTER FOR FEE-BASED ACTIVITIES:

- 1. FIND THE ACTIVITY:** Look for activities marked with a green dollar sign on My Active Center. This indicates they have a nominal fee.
- 2. CHECK THE PRICE:** Once you click on the activity, you'll see the price displayed in green text on the activity page.
- 3. ADD TO CART:** Click "Add to Cart" to proceed. The subtotal will be shown.
- 4. GO TO YOUR CART:** Open your cart to review your selection. Here, you can click the green box that says "Pay for Selected Items."
- 5. ENTER PAYMENT INFORMATION:** A pop-up will appear where you can enter your credit card details.
- 6. CONFIRM PAYMENT:** After entering your payment information, your receipt will be displayed.
- 7. OPTIONS AFTER PAYMENT:** From the receipt screen, you can:
  - Print your receipt.
  - View your schedule.
  - Return to browsing for more activities.
- 8. CALL THE TOWNSHIP** at 630-719-6670 if unable to register on My Active Center for assistance in registering for Fee-Based Activities.



### EVERYONE IS GOOD AT SOMETHING!

The DG Township Center is looking for volunteer teachers and presenters. Some of our most popular classes are taught by people who frequently hang out at the Township Center and attend programs...that's what makes it so special!!!! If you have a hobby, talent, or expertise that you're willing to share, please call Sarah at (630) 719-6685.



As June 2026 begins, I would like to reflect on the important celebrations and milestones taking place within our community. This month, we honor Juneteenth and recognize the importance of liberty, unity, and the continued pursuit of equality for all. We also celebrate Father's Day and thank all fathers, grandfathers, and father figures whose guidance and dedication strengthen our families and community each day.



We are also proud to participate in the America 250 commemorations, celebrating our nation's 250th anniversary and reflecting on the values that define the American spirit.

I am grateful that the Township elected officials celebrated our first anniversary in office on May 19, 2026. I thank our staff, Board of Trustees, Clerk, Highway Commissioner, and Assessor's Office for their continued service to our residents.

I wish all residents a safe month of June.

**Kim Savage**  
**Downers Grove Township Supervisor**

# FLAG DAY

★ ★ ★  
**SUNDAY, JUNE 14<sup>TH</sup> 2026 FROM 12PM - 3PM**  
★ ★ ★

**OAK CREST & OAK HILL CEMETERIES  
LOCATED ON HOWARD ST. AND GLENVIEW AVE.  
DOWNERS GROVE, IL, 60515**

Please join us as we honor the many veterans laid to rest in our Township cemeteries. There will be catered food and light refreshments. Hosted by Downers Grove Township.

If you have any questions...  
call Downers Grove Township at 630.719.6600  
or visit [www.dgtownship.com](http://www.dgtownship.com)



## COMMUNITY ASSISTED RIDES

### Make a Difference as a CARS Volunteer!

**Community Assisted Rides (CARS)** provides local older adults with safe, accompanied ride services and friendly outreach. The older adults CARS serve are our parents, neighbors, former teachers and childhood leaders—a generation of people whose wisdom and talents shaped our community. Now they need a little assistance from us—not just to stay connected to their community, but to get to essential appointments and life-enhancing errands when they no longer feel comfortable or are unable to drive themselves.

**As a CARS volunteer, you'll bring security, dignity, and companionship to local older adults while cultivating a community whose citizens look out for one another. Plus, our volunteer schedules are highly flexible and all training is provided!**

Driving Connection, One Ride at a Time

[communityassistedrides.org](http://communityassistedrides.org) · 708-354-9328



DOWNERS GROVE TOWNSHIP

# LIHEAP

## LOW INCOME HEATING AND ENERGY PROGRAM

LIHEAP PROVIDES A ONE-TIME BENEFIT TO ELIGIBLE HOUSEHOLDS FOR USE TOWARDS ENERGY COSTS

### APPLICATION DATES

OCTOBER 1, 2025 - JULY 31, 2026

### APPOINTMENTS

FOR MORE INFORMATION AND TO MAKE AN APPOINTMENT, CALL OUR GENERAL ASSISTANCE OFFICE 630-719-6684

FAMILY SIZE	60% SMI 30 DAY INCOME	60% SMI ANNUAL INCOME
1	\$3,332	\$39,979
2	\$4,257	\$52,281
3	\$5,182	\$64,582
4	\$6,407	\$76,884
5	\$7,432	\$89,185
6	\$8,457	\$101,486
7	\$9,649	\$113,793

PLEASE BRING A COPY OF SOCIAL SECURITY CARD, PROOF OF GROSS INCOME FOR ALL MEMBERS OF HOUSEHOLD, PROOF OF CURRENT LETTER FROM SOCIAL SECURITY INCOME, COPY OF LEASE AGREEMENT, MOST CURRENT NICOR OR COMED BILL, AND PROOF OF SNAP BENEFITS.

## 2026 ADVISORY COMMITTEE MEETINGS

### SENIOR ADVISORY COMMITTEE

1st Monday of each month at 1:30 PM

DG Township Center  
4341 Saratoga Avenue,  
Downers Grove, IL 60515

January 5, 2026

February 2, 2026

March 2, 2026

April 6, 2026

May 4, 2026

June 1, 2026

July 6, 2026

August 3, 2026

*No Meeting in September*

October 5, 2026

November 2, 2026

December 7, 2026

### YOUTH SERVICES ADVISORY COMMITTEE

4th Tuesday of each month at 7:00 PM

DG Township Center  
4341 Saratoga Avenue,  
Downers Grove, IL 60515

January 27, 2026

February 24, 2026

March 24, 2026

April 28, 2026

May 26, 2026

June 23, 2026

July 28, 2026

August 25, 2026

September 29, 2026

October 27, 2026

November 24, 2026

December 29, 2026

### MENTAL HEALTH ADVISORY COMMITTEE

2nd Monday of each month at 4:00 PM

DG Township Board Room  
4340 Prince Street,  
Downers Grove, IL 60515

January 12, 2026

February 9, 2026

March 9, 2026

April 13, 2026

May 11, 2026

June 8, 2026

July 13, 2026

August 10, 2026

September 14, 2026

October 12, 2026

November 9, 2026

December 14, 2026

## 2026 DOWNERS GROVE TOWNSHIP BOARD MEETING SCHEDULE

3rd Monday of every month at 7:00 PM

Downers Grove Township Center

4340 Prince Street

Downers Grove, IL 60515

January 12, 2026  
(2nd Monday)

February 17, 2026

March 16, 2026

April 20, 2026

May 18, 2026

June 15, 2026

July 20, 2026

August 17, 2026

September 21, 2026

October 19, 2026

November 16, 2026

December 14, 2026

# 50<sup>th</sup> Anniversary Celebration



October 22<sup>nd</sup>, 2026  
6pm

Abbington Distinctive Banquets

[www.dupageseniorcouncil.org](http://www.dupageseniorcouncil.org)



Downers Grove Township

## Medical Lending Closet

The Township offers medical equipment for a 90-day loan at no cost to you.


No residency or age requirements.

*Make an appointment if you are in need of...*

- Wheelchairs
- Crutches
- Walkers
- Shower chairs
- Canes
- Rollators
- Knee scooters

 4340 Prince St.  
Downers Grove, IL 60515

 630-719-6670

 Open Tue, Wed, Thu  
9:00 am- 4:00 pm

 **Appointments required**



Donations of durable medical equipment are accepted, clean and lightly used only.



# AREA EVENTS

## MEMORY CAFE



### FOR INDIVIDUALS LIVING WITH DEMENTIA AND THEIR CARE PARTNERS

These Memory Cafe's deliver curated, intellectually engaging classes tailored to those with memory and language difficulties who are looking for a sense of community. The classes immerse participants in activities that promote engagement, socialization, and intellectual stimulation.

#### FIRST TUESDAY OF THE MONTH

1 - 2:30 PM

Multipurpose Room #1, Fort Hill Activity Center 20  
Fort Hill Dr., Naperville

To register for the cafés, send a message to  
[dementiafriendlynaperville+info@gmail.com](mailto:dementiafriendlynaperville+info@gmail.com)  
or call Lisa Kirchner at 630-710-7502

#### FIRST WEDNESDAY OF THE MONTH

10:30-11:00 AM

Hinsdale Library  
20E. Maple Ave.

RSVP to 630-986-1976

#### SECOND TUESDAY OF THE MONTH

2:00-3:30 PM.

Meeting Room A/B, Naperville Public Library, 95th  
Street Branch

3015 Cedar Glade Dr., Naperville

To register for the cafés, send a message to  
[dementiafriendlynaperville+info@gmail.com](mailto:dementiafriendlynaperville+info@gmail.com)  
or call Lisa Kirchner at 630-710-7502

#### SECOND THURSDAY OF THE MONTH

1:00 - 2:00 PM

First Congressional Church of Christ  
1047 Curtiss Street, Downers Grove, IL 60515

RSVP Kerry Quirin  
630-800-7865

[kerry@seniorlivingexperts.com](mailto:kerry@seniorlivingexperts.com)

#### THIRD MONDAY OF THE MONTH

1:00-2:00 PM

Westmont Library  
428 N. Cass Ave

RSVP to 630-869-6150

#### THIRD MONDAY OF THE MONTH

1:30 - 3:00 PM

Elmhurst Library  
125 S. Prospect Ave.

RSVP: <http://elmlib.org/MemoryCafe>



## **DOWNERS GROVE TOWNSHIP ELECTED OFFICIALS**

**Supervisor**  
Kim Savage

**Assessor**  
Gregory A. Boltz

**Highway Commissioner**  
Tom Chlystek

**Clerk**  
Mandy Roudebush

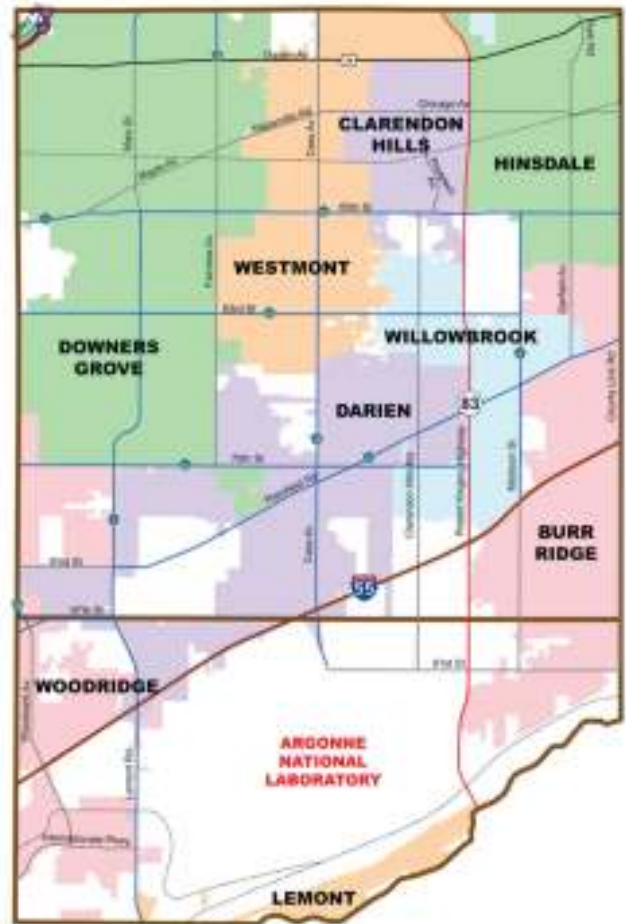
### **BOARD OF TRUSTEES**

Kevin Szczerba

Karol Sole

Michelle Moreno

Richard Friel



### **Downers Grove Township Boundaries**

Downers Grove Township is the largest township in DuPage County and covers the following areas: east to County Line Road, west to Woodward Avenue, north to 39th Street and south to the I&M Canal. Located in the southeast corner of DuPage County, the Township's jurisdiction includes the communities of

**Burr Ridge**  
**Clarendon Hills**  
**Hinsdale**  
**Darien**  
**Downers Grove**  
**Lemont**  
**Westmont**  
**Willowbrook**  
**and Woodridge**

## **STAY CONNECTED!**

Follow us on Facebook:  
[www.facebook.com/dgtownship](http://www.facebook.com/dgtownship)

Follow us on Nextdoor: [www.nextdoor.com](http://www.nextdoor.com)

Sign up for our monthly newsletter  
Email: [humanservices@dgtownship.com](mailto:humanservices@dgtownship.com)

Visit our website:  
[www.dgtownship.com/senior-services/](http://www.dgtownship.com/senior-services/)

