

**FEBRUARY 2026**



## **DOWNERS GROVE TOWNSHIP SENIOR PROGRAMS**

**DOWNERS GROVE TOWNSHIP CENTER**  
4341 Saratoga Avenue  
Downers Grove, IL 60515

**(630) 719-6670**

[www.myactivecenter.com/activities/4276:1](http://www.myactivecenter.com/activities/4276:1)

**Registration for February programs opens on  
Tuesday, January 27 at 9:00am  
DO NOT LEAVE A VOICEMAIL**

The Downers Grove Township Center provides programs and services designed to enhance the quality of life for our senior citizens 55 years of age and over. These programs promote independence and wellness to help older adults in the community remain active and healthy.

*We look forward to seeing you soon*

# Senior Programs

## February 2026

Register at 630-719-6670 or  
[myactivecenter.com/activities/4276:1](http://myactivecenter.com/activities/4276:1)



Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b>  <b>No Downers Grove Township Center Programs</b>	<b>3</b>  9:30 Games & Crafts 11:00 Community Dining 12:30 Trivia Time w/ Terry & Kai 2:30 Games	<b>4</b>  9:30 Chair Yoga* 11:00 Community Dining 12:30 Brainfoolery Heart Health 3:00 Chair Yoga*	<b>5</b>  9:30 Spreading Sunshine 1 11:30 Relaxation Class 12:30 Sleep Apnea Presentation 2:30 Games	<b>6</b>  1:30 Musical Jam
<b>9</b>  9:00 Just Us Seniors 10:00 AARP Smart Driver** 1:00 Cardmaking*	<b>10</b>  9:30 Games & Crafts 11:00 Community Dining 12:30 Discovering Sand Candles 2:30 Games	<b>11</b>  9:30 Chair Yoga* 10:00 AARP Smart Driver** 11:00 Alan & Jimmy at Community Dining 12:30 Bingo 3:00 Chair Yoga*	<b>12</b>  9:00 Men's Coffee & Conversation 12:00 SSS: Ask A Realtor 2:30 Games	<b>13</b>  12:00 Valentine's Day Dance at DGPD Lincoln Center, Downers Grove
<b>16</b>  <b>Closed in Observance of Presidents' Day</b>	<b>17</b>  9:30 Games & Crafts 11:00 Community Dining 1:00 Bingocize 2:30 Games	<b>18</b>  9:30 Chair Yoga* 11:00 Community Dining 12:30 Sing A Long 1:30 Book Club 3:00 Chair Yoga*	<b>19</b>  9:30 Spreading Sunshine 2 11:30 Share Your Love: Family Discussions Seminar 1:00 Bingocize 2:30 Games	<b>20</b>  9:30 Veterans Services Rally Point in the Board Room 11:30 Bunco 2:00 Acoustic Jam
<b>23</b>  1:30 Crafternoon: Cozy Coaster Edition	<b>24</b>  9:30 Games & Crafts 11:00 Community Dining 1:00 Bingocize 2:30 Games	<b>25</b>  9:30 Chair Yoga* 11:00 Community Dining 12:30 Wii Wednesday 3:00 Chair Yoga*	<b>26</b>  9:30 Spreading Sunshine: No-Sew Blankets 1:00 Bingocize 2:30 Games	<b>27</b>  1:00 Popcorn Matinee

\* \$5 cost to participate  
\*\* Fee to participate

Registration for February programs opens Tuesday, January 27 at 9:00am



**COME ENJOY LUNCH WHILE SOCIALIZING  
WITH OTHERS IN OUR COMMUNITY**

# Community Dining

DuPage Senior Citizens Council will serve  
hot, nutritional meals to senior citizens 60+  
on Tuesdays and Wednesdays  
from 11:00 am - 12:00 pm.

**Downers Grove Township Center**  
4341 Saratoga Avenue  
Downers Grove, IL 60515

**Meals are a suggested donation of \$5**

**REGISTER BY 10AM THE WEDNESDAY PRIOR  
AT 630-642-8517**



## COMMUNITY DINING MENU

(630) 642-8517

Downers Grove Township  
**FEBRUARY 2026**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Cheddar Broccoli Chicken Rice Casserole Cauliflower Whole Wheat Roll Warm Pear/Cran. Crumble  2	Salisbury Steak Mashed Potatoes Corn Whole Wheat Roll Pineapple Tidbits  3	4	5  6
	Spaghetti & Meatballs Marinara Sauce Mixed Salad Greens Multigrain Bread Warm Peach Cobbler  9	Hamburger German Potato Salad Green Beans Wheat Hamburger Bun Apple Sauce  10	11	12  13
<b>ALL LOCATIONS CLOSED IN OBSERVANCE OF PRESIDENT'S DAY</b>  16	BBQ Riblet Oven Fries Broccoli Wheat Bun Whole Apple  17	ASH WEDNESDAY Cheese Ravioli w/ Butternut Squash Cream Sauce Broccoli Sliced Cinnamon Apples Whole Wheat Vienna Chilled Peaches  18	19	20
	Chicken Chardonnay Mashed Potatoes Broccoli Multigrain Bread Fresh Orange Chocolate Pudding (*)  23	Texas Chili Mac & Cheese Country Blend Veggies Multigrain Bread Fruit Cup  24	25	26  27
				All Meals Include a Beverage (*) Substitutions for Diabetic

MENU ITEMS SUBJECT TO CHANGE WITHOUT NOTICE DGTS

# PLEASE REGISTER IN ADVANCE FOR ALL EVENTS!

Visit [myactivecenter.com/activities/4276:1](http://myactivecenter.com/activities/4276:1) or call 630-719-6670.



Sign up early so you don't miss out! Waitlists will be formed once events reach capacity.

*If you are unable to attend an event, kindly call and let us know so that we can accommodate others who are interested.*

## JUST A REMINDER

Township Center doors will be opened 30 minutes before the start time of an event.

**REGISTRATION FOR FEBRUARY  
PROGRAMS OPENS ON TUESDAY,  
JANUARY 27 AT 9:00AM**

**DO NOT LEAVE A VOICEMAIL.**

*When visiting Downers Grove Township you may park in front of both the Township Center building (4341 Saratoga Avenue) or the Administrative Offices building (4340 Prince Street). Additional parallel parking is located on Sherman Street. Please be careful in our parking lot and consider carpooling when you can. Parking is limited!*

Downers Grove Township Center  
4341 Saratoga Avenue, Downers Grove, IL 60515





## GAMES AND OPEN CRAFTING

Calling all early birds! Meet up with us on Tuesday mornings for some coffee, camaraderie, gaming, and crafting! We have a variety of board games, playing cards, American and Chinese Mahjong sets, puzzles, and craft supplies to choose from. This is also a great time to bring your own supplies, games, and projects from home to work on while hanging out with great people and starting your day off right. **\*Doors will not open until 9:30 a.m. as the Township Center will be closed for a staff meeting before that time. Thank you for being so understanding.**

**Tuesdays, February 3, 10, 17, 24, 2026**  
**9:30 AM - 10:30 AM**



## GAMES, CARDS, PING PONG, AND MORE!

Games, Ping Pong, and Puzzles, oh my! If you're looking for a fun afternoon with a dash of friendly competition, join us for afternoon games! Whether you prefer to play board games with a group, ping pong with the regulars, or "socially introvert" by working on a puzzle, we have something for everybody.

**Tuesdays, February 3, 10, 17, 24, 2026**  
**Thursdays, February 5, 12, 19, 26, 2026**  
**2:30 PM - 3:30 PM**

## TRIVIA TIME WITH TERRY & KAI

Join us for a fun-filled afternoon of trivia hosted by the Township Center's famous dynamic duo: **Terry and Kai**!! Test your knowledge, enjoy delicious snacks, and connect with friends old and new. It's the perfect chance to challenge yourself, have a few laughs, and maybe even help win bragging rights for your team. Don't miss out on this exciting and social event!

**Tuesday, February 3, 2026**  
**12:30 PM - 2:00 PM**



## BRAINFOOLERY HEART HEALTH

Join us for a fun and engaging session focused on heart health! We will explore simple, enjoyable ways to keep your heart happy through conversation, trivia and activities designed to boost both your brain and your ticker. Learn practical tips you can use every day to feel your best. Heart Healthy snacks will be provided.

**Wednesday, February 4, 2026**  
**12:30 PM - 2:00 PM**



**Register at [myactivecenter.com/activities/4276:1](http://myactivecenter.com/activities/4276:1) or call 630-719-6670**

**Downers Grove Township Center | 4341 Saratoga Avenue, Downers Grove, IL 60515**



## MORNING CHAIR YOGA

Join us for a gentle exercise class focused on stretching and strengthening! This session includes both seated and standing chair yoga postures, designed to enhance your flexibility, mobility, relaxation skills, balance, and coordination. Come and experience the benefits of mindful movement in a supportive environment!

**Presented by MKH Yoga**

**Wednesdays, February 4, 11, 18, 25, 2026**

**9:30 AM - 10:30 AM**

**Cost: \$5**

## AFTERNOON CHAIR YOGA

Join us for a gentle exercise class focused on stretching and strengthening! This session includes both seated and standing chair yoga postures, designed to enhance your flexibility, mobility, relaxation skills, balance, and coordination. Come and experience the benefits of mindful movement in a supportive environment!

**Sponsored by Suzanne's Angels Care  
Presented by MKH Yoga**

**Wednesdays, February 4, 11, 18, 25, 2026**

**3:00 PM - 4:00 PM**

**Cost: \$5**



## SPREADING SUNSHINE: VOLUNTEER PROJECTS

Help give back to the community by volunteering! Each month we'll have a variety of projects available that will benefit local organizations in our area. Your efforts will make a positive impact on our community members.

**Session 1: Thursday, February 5, 2026**

**Session 2: Thursday, February 19, 2026**

**9:30 AM - 10:30 AM**

## RELAXATION CLASS

Feeling stressed? Come relax with us! Allow your cares to melt away as you practice calming breathing exercises, guided visualization, and other mindful techniques designed to reduce stress and improve overall well-being. **\*\*Relaxation class has been moved to the Township Center for 2026**

**In partnership with Metropolitan Family Services  
Presented by Nate Underhile**

**1st Thursday of the month, February 5, 2026**

**11:30 AM - 12:00 PM**



**Register at [myactivecenter.com/activities/4276:1](http://myactivecenter.com/activities/4276:1) or call 630-719-6670**



## SLEEP APNEA PRESENTATION

Join us for an educational program presented by

**Jennifer Sandeen RPSGT, CSE**, Registered

Polysomnography Technologist & Clinical Sleep

Educator to learn:

- What is Sleep Apnea?
- How does it affect me and my short and long term health?
- How is sleep apnea tested?
- What types of treatments are available?
- What if I've tried treatments that didn't work for me?
- Discussion on the types of masks, and pros and cons of each
- What things are available for assistance if we are experiencing issues with CPAP?
- What should I ask my doctor?

**Thursday, February 5, 2026**

**12:30 PM - 2:00 PM**



## JUST US SENIORS

Just Us Seniors is an opportunity for Township Center patrons and Township staff to get together to discuss the current ideas, thoughts, opinions, issues, needs, and wants of the older adults that we serve. It's a great place to ask questions, get connected with resources, and bring new ideas to the table. Don't be shy...give it a try!

**Monday, February 9, 2026**

**9:00 AM - 10:00 AM**

## MUSICAL JAM

Calling all musicians and music lovers! Do you play an instrument and want to jam with fellow seniors? Or perhaps you'd like to enjoy live performances from others? Join us for a lively jam session! Bring your instrument and a music stand, and if you have sheet music to share, feel free to bring that along as well. Come enjoy an afternoon of live music and camaraderie—let's make some beautiful sounds together!

**Friday, February 6, 2026**

**1:30 PM - 3:30 PM**



## AARP SMART DRIVER COURSE

This 2-day course teaches proven driving techniques to help keep you and your loved ones safe on the road. Additionally, you could be eligible for a multi-year discount on your auto insurance. **Please bring your own lunch. Light refreshments will be provided. Must call (630) 719-6670 to register.**

**\$20 AARP members/\$25 non-AARP members.  
Bring cash or check to the first day of class.**

**Monday & Wednesday, February 9 & 11, 2026**

**10:00 AM - 2:00 PM**

**DG Township Board Room  
4340 Prince Street, Downers Grove, IL 60515**



**Downers Grove Township Center | 4341 Saratoga Avenue, Downers Grove, IL 60515**

## CARDMAKING CLASS

Grab a spot before they're gone for this incredibly popular cardmaking class. You'll learn to make your own homemade greeting cards using a variety of rubber stamping and paper crafting techniques, guided by **instructor Lou Smolinski**. By the end of class, you'll have a handcrafted masterpiece that you may want to keep for yourself! This class fills up fast and does not disappoint.



**Monday, February 9, 2026**

**1:00 PM - 3:00 PM**

**Cost: \$5**

## DISCOVERING SAND CANDLES

Are you curious about sand candles? These elegant white "sand" and "pearl" style candles are designed to be safer and easier to enjoy, making them perfect for senior crafters! Join us for a hands-on workshop where Township staff will guide you step-by-step as you customize your candle with soothing essential oils and decorative touches. **Lacey Creek** provides all the supplies—just bring your creativity! Craft a candle that smells wonderful, looks lovely, and is uniquely yours.

**Tuesday, February 10, 2026**

**12:30 AM - 2:00 PM**

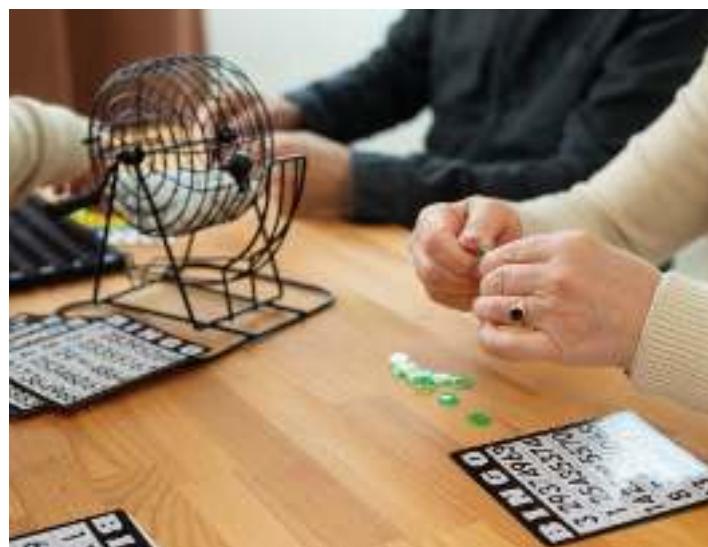


## BINGO

Come to the Downers Grove Township Center for a fun afternoon of Bingo! This is the most popular event, so sign up early! Prizes will be awarded, and dessert will be served. Don't forget - we will celebrate all of the special monthly birthdays!

**Wednesday, February 11, 2026**

**12:30 PM - 2:00 PM**



## ALAN & JIMMY AT COMMUNITY DINING: LOVE SONGS

During Community Dining, enjoy music from a time when we were young and the music was great. **Alan and Jimmy** played 60's music in high school and college. They took a long (38 year) break to focus on family and careers but now they are back, providing entertainment to seniors during Community Dining!

**Wednesday, February 11, 2026**

**11:00 AM - 12:00 PM**

**Register at [myactivecenter.com/activities/4276:1](http://myactivecenter.com/activities/4276:1) or call 630-719-6670**



## MEN'S COFFEE AND CONVERSATION

Come be a part of Coffee and Conversation, an exclusive gathering for men! Enjoy a warm cup of coffee while engaging in lively discussions on topics that matter to you—from sports and hobbies to personal experiences and current events. This is a great opportunity to connect with other guys, share your thoughts, and build camaraderie in a relaxed setting. Whether you're here to chat or listen, your voice is welcome.

**Thursday, February 12, 2026**  
**9:00 AM - 10:30 AM**



## VALENTINE'S DAY DANCE AT DOWNERS GROVE PARK DISTRICT

Join us for our second annual Valentine's Day Dance! There will be entertainment featuring **Jane Allyson**, dancing, refreshments and other fun activities. This special event is just for seniors and is dedicated to celebrating love, friendship, and community in a festive and inviting atmosphere. Thank you to our partners at the Downers Grove Park District for co-sponsoring and hosting this event! **\*\*This is an offsite program!**

**Friday, February 13, 2026**

**12:00 PM - 2:00 PM**

**Offsite Program:**

**Lincoln Center Downers Grove Park District  
935 Maple Avenue, Downers Grove, IL 60515**

## SSS: ASK A REALTOR (Repeat Presentation)

In today's market, do you wish you had a trusted advisor you could call on to answer all of your questions about buying and selling real estate? If so, you should join us for the "Ask A Realtor" event. **Robert and Jill Petranek** are licensed Real

Estate Brokers who have been taking the greatest care of their clients in Downers Grove Township since 2013. They have specialized skills and experience that are very helpful when you plan to buy or sell your home. Bring all of your questions and an appetite, as lunch will be included for this event, **sponsored by the Petranek Team at Coldwell Banker!**

**Thursday, February 12, 2026**  
**12:00 PM - 2:00 PM**



## BINGOCIZE

Bingocize for falls prevention: We will meet for 2 classes each week for 10 weeks for a total of 20 classes. Each class will consist of playing Bingo, some light exercises, and health education related to fall prevention. Exercises can be easily modified for anyone to participate. There is no cost to attend and there will be prizes awarded often.

**Tuesdays, February 17, 24, 2026**  
**Thursdays, February 19, 26, 2026**  
**1:00 PM - 2:00 PM**



**Downers Grove Township Center | 4341 Saratoga Avenue, Downers Grove, IL 60515**

## BOOK CLUB



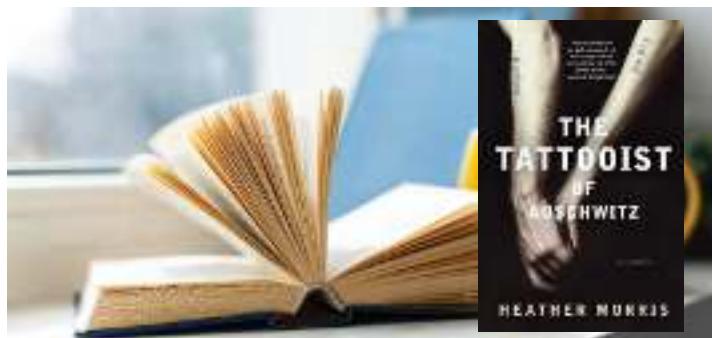
You won't want to miss February's riveting book discussion of *The Tattooist of Auschwitz*, an inspirational, unforgettable tale, based on the true story of Lale and Gita Sokolov. When Lale, given the job of tattooing the prisoners in a concentration camp in Auschwitz, Germany, sees Gita waiting in line, he instantly falls in love; this love immediately stirs up a strong determination within him to keep them both alive so they can have a long, fulfilling future together.

**Wednesday, February 18, 2026**

**1:30 PM - 2:30 PM**

**DG Township Board Room**

**4340 Prince Street, Downers Grove, IL 60515**



## SING A LONG

Join us for a traditional Sing-a-Long session to unleash your inner songbird with some classics. A binder with words to each song will be provided. Songs will be accompanied and led by **Bob Jerosky**. Song requests are always welcome.

**Wednesday, February 18, 2026**  
**12:30 PM- 1:30 PM**



## SHARE YOUR LOVE: FAMILY DISCUSSIONS SEMINAR

Share your Love: Family Discussions Seminar, lead by **Nora Hernandez from Equitable Advisors**, is intended to help initiate an open, thoughtful dialogue for individuals and their families as they plan for the future. While these discussions can be challenging, they are also critical. In this seminar, Nora will teach you ways to approach these tough conversations so that you feel confident, equipped, and prepared to have them.

**Thursday, February 19, 2026**  
**11:30 AM - 12:30 AM**

## VETERANS SERVICES RALLY POINT

Rally Point serves as a comprehensive hub for veterans seeking benefits and resources, bringing together top veteran organizations to bring essential services into the communities. No registration necessary. **\*Located in the board room of our 4340 Prince Street building.**

**Friday, February 20, 2026**  
**9:30 AM - 2:30 PM**

**DG Township Board Room**

**4340 Prince Street, Downers Grove, IL 60515**



**Register at [myactivecenter.com/activities/4276:1](http://myactivecenter.com/activities/4276:1) or call 630-719-6670**



## BUNCO

Experience a lively afternoon of fun with our social group dice game—no skill required! It's a fast-paced game that guarantees lots of laughs and great company. Don't miss out on the excitement!

**Prizes sponsored by Allison Green of  
Assisted Living Locators  
and InHome Personal Services**

**Friday, February 20, 2026  
11:30 AM - 1:00 PM**



Photo Credit: The Make Your Own Zone

## CRAFTERNOON: COZY COASTER EDITION

Winter may be sticking around a little longer, so let's keep those cozy cups of cocoa, tea, and coffee resting in style! Join us for a fun and creative coaster-making workshop where you'll design a set of 4 custom coasters to take home. All materials will be supplied by the Township, and you're welcome to bring photos or small decorative items if you'd like to add a personal touch. Warm up your creativity and craft something useful, charming, and uniquely yours! This class will be taught by Township Staff.

**Monday, February 23, 2026  
1:30 PM - 3:00 PM**

## ACOUSTIC JAM

Calling all musicians and music lovers! Do you play an instrument and want to jam with fellow seniors? Or perhaps you'd like to enjoy live performances from others? Join us for a lively jam session! Bring your instrument and a music stand, and if you have sheet music to share, feel free to bring that along as well. Come enjoy an afternoon of live music and camaraderie—let's make some beautiful sounds together!

**Friday, February 20, 2026  
2:00 PM - 3:30 PM**



## WII WEDNESDAY (& PING PONG!)

Looking for a fun and friendly way to stay active and social? Join us for Nintendo Wii & Ping Pong at the Downers Grove Township Center! Whether you're a seasoned pro or just trying something new, this is a great opportunity to get moving, challenge your hand-eye coordination, and enjoy some lighthearted competition with friends.

**Wednesday, February 25, 2026  
12:30 PM - 2:00 PM**



**Downers Grove Township Center | 4341 Saratoga Avenue, Downers Grove, IL 60515**



## SPREADING SUNSHINE: NO-SEW BLANKETS

In this hands-on workshop, participants will create cozy no-sew blankets for clients receiving hospice services through Loyola. No experience is required—our volunteer leader will guide you through the process and provide all materials and instructions. This is a wonderful opportunity to learn a new skill, connect with others, and spread warmth and comfort to those who need it most.

**Thursday, February 26, 2026**  
**9:30 AM - 11:00 AM**

February is a time to reflect on kindness, connections, love, and caring for one another. At the Downers Grove Township Supervisor's office, we are dedicated to supporting our residents and working collaboratively to strengthen our community through programs and services that make a meaningful difference. Thank you for your continued effort to build a caring and welcoming place for all.

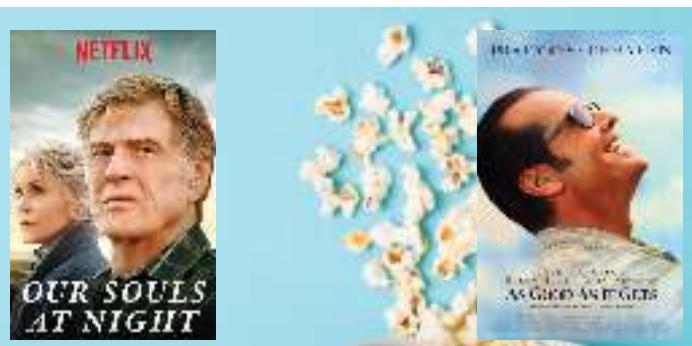


**Mrs. Kim Savage**  
**Downers Grove Township Supervisor**

## POPCORN MATINEE

Join us for a Township Center Movie Matinee filled with fresh, hot movie-theater popcorn and a touch of romance! We'll vote between two heartfelt film options: *Our Souls at Night* (2017) starring Robert Redford and Jane Fonda, a tender story of unexpected companionship, or *As Good As It Gets* (1997) starring Jack Nicholson, Helen Hunt, and Greg Kinnear, a witty romantic comedy full of charm. Cast your vote, settle in, and enjoy a cozy afternoon with friends old and new. Whether you're in the mood for sweet or sassy, we've got the perfect pick to warm up your February!

**Friday, February 27, 2026**  
**1:00 PM - 3:00 PM**



Let's show some love to our community members in need. This month, please consider bringing a paper product to benefit local families served by FISH Food Pantry. Thanks in advance for your generosity!

### ITEMS MOST IN NEED:

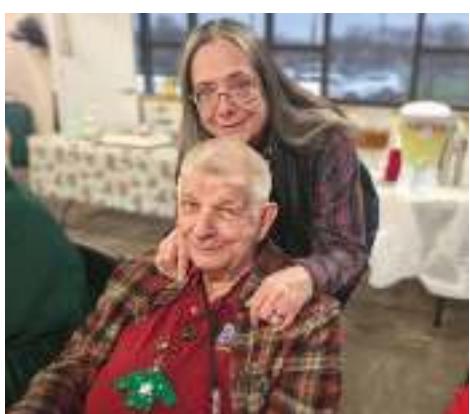
Paper Products, such as:

- Toilet Paper
- Tissues
- Paper Towels
- Napkins



**Register at [myactivecenter.com/activities/4276:1](http://myactivecenter.com/activities/4276:1) or call 630-719-6670**

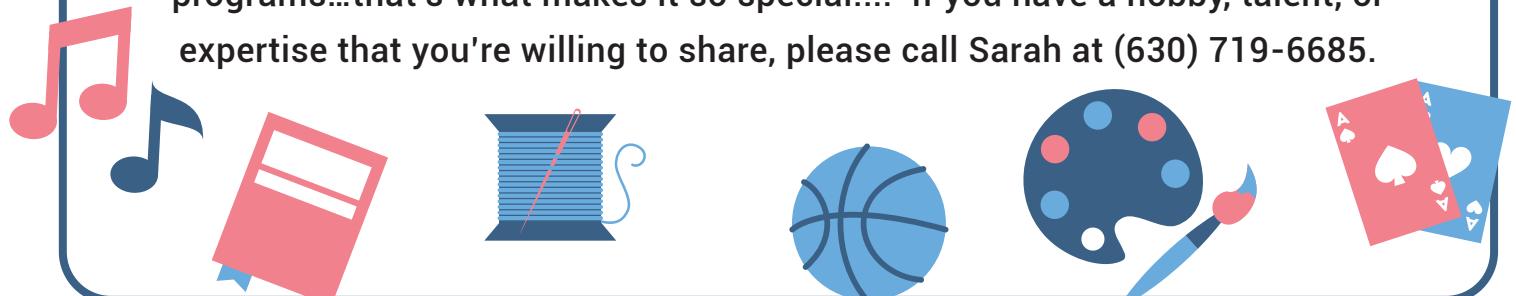
**Downers Grove Township Center | 4341 Saratoga Avenue, Downers Grove, IL 60515**





## EVERYONE IS GOOD AT SOMETHING!

The Downers Grove Township Center is looking for volunteer teachers and presenters. Some of our most popular classes are taught by people who frequently hang out at the Downers Grove Township Center and attend programs...that's what makes it so special!!!! If you have a hobby, talent, or expertise that you're willing to share, please call Sarah at (630) 719-6685.



## LIHEAP

### LOW INCOME HEATING AND ENERGY PROGRAM

LIHEAP PROVIDES A ONE-TIME BENEFIT TO ELIGIBLE HOUSEHOLDS FOR USE TOWARDS ENERGY COSTS

#### APPLICATION DATES

OCTOBER 1, 2025 - JULY 31, 2026

#### APPOINTMENTS

FOR MORE INFORMATION AND TO MAKE AN APPOINTMENT, CALL OUR GENERAL ASSISTANCE OFFICE 630-719-6684

FAMILY SIZE	60% SMI 30 DAY INCOME	60% SMI ANNUAL INCOME
1	\$3,332	\$39,979
2	\$4,257	\$52,281
3	\$5,182	\$64,582
4	\$6,407	\$76,884
5	\$7,432	\$89,185
6	\$8,457	\$101,486
7	\$9,641	\$113,793

PLEASE BRING A COPY OF SOCIAL SECURITY CARD, PROOF OF GROSS INCOME FOR ALL MEMBERS OF HOUSEHOLD, PROOF OF CURRENT LETTER FROM SOCIAL SECURITY INCOME, COPY OF LEASE AGREEMENT, MOST CURRENT NICOR OR COMED BILL, AND PROOF OF SNAP BENEFITS.



Office of Illinois Attorney General Kwame Raoul

Join Attorney General Kwame Raoul's Community Outreach Team for the presentation:

# FRAUD PROTECTION AND ADVOCACY FOR SENIORS

Scam artists often take age as a vulnerability.

As a result, seniors are a frequent target of a wide range of consumer fraud scams.



## FRAUD ALERTS • FRAUD ALERTS • FRAUD ALERTS

**March 30<sup>th</sup>**  
at  
**2:00 pm**

### LEARN TO:

Understand how to recognize potential fraud attempts

Learn how to be ready to stop the scams

Reach out to the Attorney General's Senior Help Line

### LOCATION

4341 Saratoga Ave.  
Downers Grove, IL 60515



*Sponsored by Rep. Deuter and  
Sen. Glowiak-Hilton's office*



**COMMUNITY  
ASSISTED RIDES**

## Make a Difference as a CARS Volunteer!

**Community Assisted Rides (CARS)** provides local older adults with safe, accompanied ride services and friendly outreach. The older adults CARS serve are our parents, neighbors, former teachers and childhood leaders—a generation of people whose wisdom and talents shaped our community. Now they need a little assistance from us—not just to stay connected to their community, but to get to essential appointments and life-enhancing errands when they no longer feel comfortable or are unable to drive themselves.

As a CARS volunteer, you'll bring security, dignity, and companionship to local older adults while cultivating a community whose citizens look out for one another. Plus, our volunteer schedules are highly flexible and all training is provided!

**Driving Connection, One Ride at a Time**

[communityassistedrides.org](http://communityassistedrides.org) • 708-354-9328

## HOW TO REGISTER FOR FEE-BASED ACTIVITIES:

- 1. FIND THE ACTIVITY:** Look for activities marked with a green dollar sign on My Active Center. This indicates they have a nominal fee.
- 2. CHECK THE PRICE:** Once you click on the activity, you'll see the price displayed in green text on the activity page.
- 3. ADD TO CART:** Click "Add to Cart" to proceed. The subtotal will be shown.
- 4. GO TO YOUR CART:** Open your cart to review your selection. Here, you can click the green box that says "Pay for Selected Items."
- 5. ENTER PAYMENT INFORMATION:** A pop-up will appear where you can enter your credit card details.
- 6. CONFIRM PAYMENT:** After entering your payment information, your receipt will be displayed.
- 7. OPTIONS AFTER PAYMENT:** From the receipt screen, you can:
  - Print your receipt.
  - View your schedule.
  - Return to browsing for more activities.
- 8. CALL THE TOWNSHIP** at 630-719-6670 if unable to register on My Active Center for assistance in registering for Fee-Based Activities.

## 2026 SENIOR ADVISORY COMMITTEE MEETING SCHEDULE

**1st Monday of every month from 1:30-2:30 PM**  
**Downers Grove Township Center**  
**4341 Saratoga Ave.**  
**Downers Grove, IL 60515**

January 5, 2026	July 6, 2026
February 2, 2026	August 3, 2026
March 2, 2026	September: No Meeting ( <i>Labor Day Holiday</i> )
April 6, 2026	October 5, 2026
May 4, 2026	November 2, 2026
June 1, 2026	December 7, 2026: Holiday Celebration

## 2026 DOWNSERS GROVE TOWNSHIP BOARD MEETING SCHEDULE

**3rd Monday of every month at 7:00 PM**  
**Downers Grove Township Center**  
**4341 Saratoga Ave.**  
**Downers Grove, IL 60515**

January 12, 2026 (2nd Monday)	July 20, 2026
February 17, 2026	August 17, 2026
March 16, 2026	September 21, 2026
April 20, 2026	October 19, 2026
May 18, 2026	November 16, 2026
June 15, 2026	December 14, 2026

# FOLLOW US ON SOCIAL MEDIA

Downers Grove Township

Get connected to receive event  
information, photos, and learn more about  
your Township and elected officials!



on YouTube

@dgtownship



on Facebook

@dgtownship



on Instagram

@dgtownship



on Nextdoor

@Downers Grove Township



on Tiktok

@downersgrovetownship



on X / Twitter

@downersgrovetownship

630-719-6610

4340 Prince St, Downers Grove IL 60515

[dgtownship.com](http://dgtownship.com)



# AREA EVENTS MEMORY CAFE

## FOR INDIVIDUALS LIVING WITH DEMENTIA AND THEIR CARE PARTNERS

These Memory Cafe's deliver curated, intellectually engaging classes tailored to those with memory and language difficulties who are looking for a sense of community. The classes immerse participants in activities that promote engagement, socialization, and intellectual stimulation.

### FIRST TUESDAY OF THE MONTH

1 - 2:30 PM

Multipurpose Room #1, Fort Hill Activity Center 20  
Fort Hill Dr., Naperville

To register for the cafés, send a message to  
[dementiafriendlynaperville+info@gmail.com](mailto:dementiafriendlynaperville+info@gmail.com)  
or call Lisa Kirchner at 630-710-7502

### FIRST WEDNESDAY OF THE MONTH

10:30-11:00 AM

Hinsdale Library  
20E. Maple Ave.

RSVP to 630-986-1976

### SECOND TUESDAY OF THE MONTH

2:00-3:30 PM.

Meeting Room A/B, Naperville Public Library, 95th  
Street Branch

3015 Cedar Glade Dr., Naperville

To register for the cafés, send a message to  
[dementiafriendlynaperville+info@gmail.com](mailto:dementiafriendlynaperville+info@gmail.com)  
or call Lisa Kirchner at 630-710-7502

### SECOND TUESDAY OF THE MONTH

1:00 - 2:00 PM

First Congressional Church of Christ  
1047 Curtiss Street Downers Grove, IL 60515

RSVP Kerry Quirin  
630-800-7865  
[kerry@seniorlivingexperts.com](mailto:kerry@seniorlivingexperts.com)

### THIRD MONDAY OF THE MONTH

1:00-2:00 PM

Westmont Library  
428 N. Cass Ave

RSVP to 630-869-6150

### THIRD MONDAY OF THE MONTH

1:30 - 3:00 PM

Elmhurst Library  
125 S. Prospect Ave.  
RSVP: <http://elmlib.org/MemoryCafe>



## DOWNERS GROVE TOWNSHIP ELECTED OFFICIALS

### Supervisor

Kim Savage

### Assessor

Gregory A. Boltz

### Highway Commissioner

Tom Chlystek

### Clerk

Mandy Roudebush

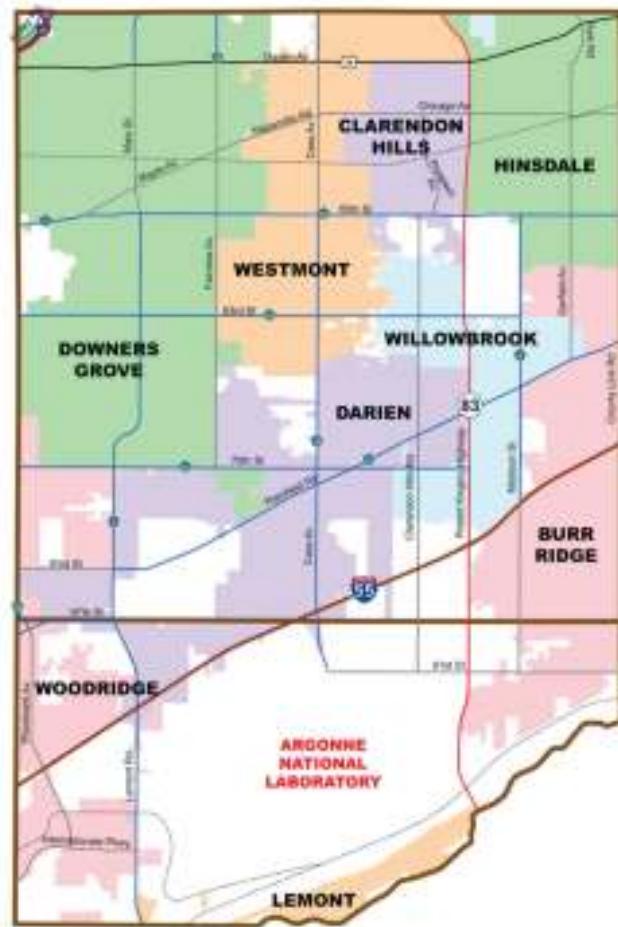
## BOARD OF TRUSTEES

Kevin Szczerba

Karol Sole

Michelle Moreno

Richard Friel



## Downers Grove Township Boundaries

Downers Grove Township is the largest township in DuPage County and covers the following areas: east to County Line Road, west to Woodward Avenue, north to 39th Street and south to the I&M Canal. Located in the southeast corner of DuPage County, the Township's jurisdiction includes the communities of

**Burr Ridge**

**Clarendon Hills**

**Hinsdale**

**Darien**

**Downers Grove**

**Lemont**

**Westmont**

**Willowbrook**

**and Woodridge**

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