

MAY 2026



DOWNERS GROVE TOWNSHIP SENIOR PROGRAMS

DOWNERS GROVE TOWNSHIP CENTER

4341 Saratoga Avenue
Downers Grove, IL 60515

(630) 719-6670

www.myactivecenter.com/activities/4276:1

**Registration for May programs opens on
Tuesday, April 28 at 9:00am
DO NOT LEAVE A VOICEMAIL**

The Downers Grove Township Center provides programs and services designed to enhance the quality of life for our senior citizens 55 years of age and over. These programs promote independence and wellness to help older adults in the community remain active and healthy.

We look forward to seeing you soon!

Downers Grove Township Center
4341 Saratoga
Downers Grove, IL 60515

Senior Programs

May 2026

Register at 630-719-6670 or
myactivecenter.com/activities/4276:1



Monday	Tuesday	Wednesday	Thursday	Friday
27 10:00 Art of Quilling: Rolling into Spring 1:30 Crafternoon: From Drawer to Decor*	28 9:30 Games & Crafts 11:00 Community Dining 1:00 Bingocize 2:30 Games	29 9:00 Kentucky Derby Hat Making* 11:00 Community Dining 12:30 Wii Wednesday 3:00 Senior Strength Training*	30 12:00 Kentucky Derby Social with DG Park District at DG Township Center	1 1:30 Musical Jam
4 No Downers Grove Township Center Programs	5 9:30 Games & Crafts 11:00 Community Dining 12:30 Taco Tuesday Fiesta 1:00 Bingocize 2:30 Games	6 9:30 Chair Yoga* 11:00 Community Dining 12:30 Foods to Boost Brain Power 3:00 Chair Yoga*	7 9:30 Spreading Sunshine 1 10:00 Open Games at Darien P.D. 11:00 Spreading Sunshine Appreciation 1:00 Bingocize 2:30 Games	8 1:00 Seniors Got Talent Saturday, May 9 11:30 JOJO Hibachi Meet Up
11 9:00 Just Us Seniors 10:30 Mother's Day Sip & Paint 1:00 Cardmaking*	12 9:30 Games & Crafts 11:00 Community Dining 12:30 Brain Games 2:30 Games	13 9:30 Chair Yoga* 11:00 Alan & Jimmy at Community Dining 12:30 Bingo 3:00 Chair Yoga*	14 9:00 Men's Coffee & Conversation 10:00 Open Games at Darien P.D. 10:00 Caregiver Support Group 11:30 Mindfulness 12:00 SSS: Vascular Health 1:00 Tai Chi 2:30 Games	15 9:30 Veterans Coffee, Conversation, & Resource Rally 11:30 Bunco 2:00 Karaoke
18 10:00 Tiny Tropics: Paper Garden Craft 1:30 Crafternoon: Wreaths in Bloom*	19 9:30 Games & Crafts 11:00 Community Dining 11:30 Restaurant Meet Up at Wasabi 12:30 Sing-A-Long 2:30 Games	20 9:30 Chair Yoga* 11:00 Community Dining 12:30 Spring Watercolor Class 1:30 Book Club 3:00 Chair Yoga*	21 9:30 Spreading Sunshine 2 10:00 Open Games at Darien P.D. 11:00 Alzheimer's & Dementia Pres. 1:00 Tai Chi 2:30 Games	22 1:00 Aloha Friday*
25 Closed in Observance of Memorial Day	26 9:30 Games & Crafts 11:00 Community Dining 12:00 Model-T Show & Tell 2:30 Games	27 9:30 Chair Yoga* 11:00 Community Dining 12:30 Wii Wednesday 3:00 Chair Yoga*	28 9:30 Discovering Sand Candles 10:00 Open Games at Darien P.D. 10:00 Caregiver Support Group 11:30 Mindfulness 1:00 Tai Chi 2:30 Games	29 1:00 Popcorn Matinee

* \$5 cost to participate
** Fee to participate

Registration for May programs opens Tuesday, April 28 at 9:00am

To learn more visit: www.dgtownship.com/senior-services/

PLEASE REGISTER IN ADVANCE FOR ALL EVENTS!

Visit myactivecenter.com/activities/4276:1 or call 630-719-6670.



Sign up early so you don't miss out! Waitlists will be formed once events reach capacity.

If you are unable to attend an event, kindly call and let us know so that we can accommodate others who are interested.

JUST A REMINDER

Township Center doors will be opened 30 minutes before the start time of an event.

**REGISTRATION FOR MAY
PROGRAMS OPENS ON TUESDAY,
APRIL 28 AT 9:00AM**

DO NOT LEAVE A VOICEMAIL.

When visiting Downers Grove Township you may park in front of both the Township Center building (4341 Saratoga Avenue) or the Administrative Offices building (4340 Prince Street). Additional parallel parking is located on Sherman Street. Please be careful in our parking lot and consider carpooling when you can. Parking is limited!





MUSICAL JAM

Calling all musicians and music lovers! Do you play an instrument and want to jam with fellow seniors? Or perhaps you'd like to enjoy live performances from others? Join us for a lively jam session! Bring your instrument and a music stand, and if you have sheet music to share, feel free to bring that along as well. Come enjoy an afternoon of live music and camaraderie—let's make some beautiful sounds together!

**Friday, May 1, 2026
1:30 PM - 3:30 PM**

GAMES & OPEN CRAFTING

Calling all early birds! Meet up with us on Tuesday mornings for some coffee, camaraderie, gaming, and crafting! We have a variety of board games, playing cards, American and Chinese Mahjong sets, puzzles, and craft supplies to choose from. This is also a great time to bring your own supplies, games, and projects from home to work on while hanging out with great people and starting your day off right.

**Tuesday, May 5, 12, 19, 26, 2026
9:30 AM - 10:30 AM**



GAMES, CARDS, PING PONG, & MORE!

Games, Ping Pong, and Puzzles, oh my! If you're looking for a fun afternoon with a dash of friendly competition, join us for afternoon games! Whether you prefer to play board games with a group, ping pong with the regulars, or "socially introvert" by working on a puzzle, we have something for everybody.

**Tuesdays: May 5, 12, 19, 26, 2026
Thursdays: May 7, 14, 21, 28, 2026
2:30 PM - 3:30 PM**



BINGOCIZE

Bingocize for falls prevention: We will meet for 2 classes each week for 10 weeks for a total of 20 classes. Each class will consist of playing Bingo, some light exercises, and health education related to fall prevention. Exercises can be easily modified for anyone to participate. There is no cost to attend and there will be prizes awarded often.

**Tuesday, May 5 & Thursday, May 7, 2026
1:00 PM - 2:00 PM**

****registration for this program is now closed.****



Register at myactivecenter.com/activities/4276:1 or call 630-719-6670

Downers Grove Township Center | 4341 Saratoga Avenue, Downers Grove, IL 60515



TACO TUESDAY FIESTA

Join us for a festive afternoon of food, fun, and celebration! **In partnership with The Pearl of Downers Grove**, enjoy Taco Tuesday–style bites and a refreshing mocktail margarita bar. Be entertained by **Jane Allyson** with lively music and a fun, easy-to-follow group dance that's sure to bring smiles. Plus, don't miss your chance to win raffle prizes and connect with friends along the way!

**Tuesday, May 5
12:30 PM - 2:00 PM**

Off-site program

**The Pearl of Downers Grove
3450 Saratoga Ave. Downers Grove, IL 60515**

FOODS TO BOOST YOUR BRAIN POWER

To feel your best and keep your body running well, you must fuel it with the right stuff. Eating healthy doesn't cost a fortune. Learn ways to save money on food and eat well without breaking the bank.

**Wednesday, May 6, 2026
12:30 PM - 1:30 PM**



AFTERNOON CHAIR YOGA

Join us for a gentle exercise class focused on stretching and strengthening! This session includes both seated and standing chair yoga postures, designed to enhance your flexibility, mobility, relaxation skills, balance, and coordination. Come and experience the benefits of mindful movement in a supportive environment!

Presented by MKH Yoga

**Wednesdays, May 6, 13, 20, 27, 2026
3:00 PM - 4:00 PM**

Cost: \$5



MORNING CHAIR YOGA

Join us for a gentle exercise class focused on stretching and strengthening! This session includes both seated and standing chair yoga postures, designed to enhance your flexibility, mobility, relaxation skills, balance, and coordination. Come and experience the benefits of mindful movement in a supportive environment!

Presented by MKH Yoga

**Wednesdays, May 6, 13, 20, 27, 2026
9:30 AM - 10:30 AM**

Cost: \$5

Register at myactivecenter.com/activities/4276:1 or call 630-719-6670



SPREADING SUNSHINE: VOLUNTEER PROJECTS

Help give back to the community by volunteering! Each month we'll have a variety of projects available that will benefit local organizations in our area. Your efforts will make a positive impact on our community members.

Session 1: Thursday, May 7, 2026
Session 2: Thursday, May 21, 2026
9:30 AM - 10:30 AM



OPEN GAMES AT DARIEN PARK DISTRICT

If there's one thing we know for sure, it's that Township Seniors are serious about their games! In order to provide more open gaming options around the community, Darien Park District is now hosting Open Games every Thursday from 10:00 a.m. to 12:00 p.m. Bring your friends and let the games begin! ****Registration is currently only available through the Township on My Active Center or by calling (630) 719-6670.**

Thursdays, May 7, 14, 21, 28, 2026
10:00 AM - 12:00 PM
Off-site program
Darien Park District
7301 Fairview Ave., Darien, IL 60561

SPREADING SUNSHINE: APPRECIATION THANK YOU BRUNCH

Calling all Spreading Sunshine Volunteers! Join us as we celebrate the heart of our Spreading Sunshine program—our wonderful volunteers!! This special Thank You Brunch is our way of showing appreciation for all the kindness and time you share with the community. Food will be provided, so simply bring your appetite and enjoy good company. Even if you're unable to attend the volunteer session beforehand, you are warmly invited to join us for this well-deserved gathering! **Call to register.**

Thursday, May 7, 2026
11:00 AM - 12:30 PM



JOJO HIBACHI & SUSHI LUNCH MEETUP

Start your weekend with good food and even better company! The Township invites you to come and join us for Brunch at **JoJo Japanese Hibachi and Sushi** restaurant in Willowbrook! This is a wonderful opportunity to enjoy a local restaurant and possibly meet new faces. ***Separate checks, registration is required. The Township will be making all the arrangements. This is an individual meet-up, no transportation is provided.**

Saturday, May 9, 2026
11:30 AM - 12:30 PM

Off-site program

7409 Kingery Hwy, Willowbrook, IL 60527



Downers Grove Township Center | 4341 Saratoga Avenue, Downers Grove, IL 60515



JUST US SENIORS

Just Us Seniors is an opportunity for Township Center patrons and Township staff to get together to discuss the current ideas, thoughts, opinions, issues, needs, and wants of the older adults that we serve. It's a great place to ask questions, get connected with resources, and bring new ideas to the table. Don't be shy. Give it a try!

Monday, May 11, 2026
9:00 AM - 10:00 AM



CARDMAKING CLASS

Grab a spot before they're gone for this incredibly popular cardmaking class. You'll learn to make your own homemade greeting cards using a variety of rubber stamping and paper crafting techniques, **guided by instructor Lou Smolinski**. By the end of class, you'll have a handcrafted masterpiece that you may want to keep for yourself! This class fills up fast and does not disappoint.

Monday, May 11, 2026
1:00 PM - 3:00 PM
Cost: \$5

MOTHER'S DAY SIP & PAINT

In honor of Mother's Day, join us for a special Sip & Paint event! Enjoy a charming high tea with blooming tea while creating your own beautiful painting in a relaxing, social setting. This celebration is for everyone—mothers, caregivers, friends, or anyone who wants to enjoy a creative, joyful afternoon. All materials are provided—just bring your creativity!

Monday, May 11, 2026
10:30 AM - 12:30 PM



ALAN & JIMMY AT COMMUNITY DINING: POP-COUNTRY MUSIC

During Community Dining, enjoy music from a time when we were young and the music was great. Alan and Jimmy played 60's music in high school and college. They took a long (38 year) break to focus on family and careers but now they are back, providing entertainment to seniors during Community Dining!

Wednesday, May 13, 2026
11:00 AM - 12:00 PM



Register at myactivecenter.com/activities/4276:1 or call 630-719-6670



BINGO

Come to the Downers Grove Township Center for a fun afternoon of Bingo! This is the most popular event, so sign up early! Prizes will be awarded, and dessert will be served. Don't forget - we will celebrate all of the special monthly birthdays!

**Wednesday, May 13, 2026
12:30 PM - 2:00 PM**



CAREGIVER SUPPORT GROUP

Our new Caregiver Support Group, **led by Nate Underhile from Metropolitan Family Services**, is designed for persons caring for aging parents or spouses, in person or long distance, including loved ones living with Alzheimer's disease or dementia. In a relaxed, understanding setting, participants can share experiences, talk through challenges, learn to balance their own needs with those of their loved ones, and discover helpful tips and resources. Most importantly, it's a chance to connect with others who understand the caregiving journey and to be reminded that you're not alone.

**Thursday, May 14 & 28, 2026
10:00 AM - 11:15 AM
Township Board Room
4340 Prince Street, Downers Grove, IL**

MEN'S COFFEE AND CONVERSATION

Be a part of Coffee and Conversation, an exclusive gathering for men! Enjoy a warm cup of coffee while engaging in lively discussions on topics that matter to you—from sports and hobbies to personal experiences and current events. This is a great opportunity to connect with other guys, share your thoughts, and build camaraderie in a relaxed setting. Whether you're here to chat or listen, your voice is welcome.

**Thursday, May 14, 2026
9:00 AM - 10:30 AM**



MINDFULNESS

Step into a space of tranquility. Join us in practicing calming breathing exercises, guided visualization, and mindful techniques that are designed to reduce stress and elevate your overall well-being. Seize this opportunity to invest in yourself and embrace your peace of mind!

**In partnership with Metropolitan Family Services
Presented by Nate Underhile**

**Thursday, May 14 & 28, 2026
11:30 AM - 12:00 PM
Township Board Room
4340 Prince Street, Downers Grove, IL**





SSS: VASCULAR HEALTH: WHAT IS CVI & WHY DOES IT MATTER?

When it comes to vascular health, most of us understand the importance of clean eating and keeping cholesterol low for our arteries... but did you know that up to 40 percent of the US population has a vascular disease called Chronic Venous Insufficiency, and most aren't even aware of it? Join us for this interactive program where **Callum Brazier from United Vein & Vascular Centers** in Downers Grove will teach us all about what CVI is, the common signs and symptoms that most of us attribute to "normal" aging, and the minimally invasive treatments that are available to prevent CVI from creating serious health issues down the road. He will also allow time for Q&A and provide next steps for those interested in learning more. (Lunch will be provided.)

**Thursday, May 14, 2026
12:00 PM - 2:00 PM**



VETERAN'S COFFEE, CONVERSATION, & RESOURCE RALLY

Veterans Coffee, Conversation, and Resource Rally is a monthly opportunity for veterans to come together for coffee, doughnuts, and connection. There will also be a variety of community agencies available to discuss benefits and resources specifically for veterans. No registration necessary.

**Coffee and Conversation from 9:30 am - 10:30 am.
Resource Rally from 10:30 am - 2:00 pm.**

**Friday, May 15, 2026
9:30 AM - 2:30 PM
Township Board Room
4340 Prince Street, Downers Grove, IL**

TAI CHI

Tai Chi is a 16-week-long, progressive exercise program designed to increase range of motion, strength, flexibility and overall wellness. Exercises offered are appropriate for people of all fitness levels--you can participate sitting or standing. Join us to improve your health and make new friends!
***Please note that signing up for this class is a 16 week commitment.**

**Sponsored by White Crane Wellness
Presented by MariJane Dare**

**Thursday, May 14, 21, 28, 2026
1:00 PM - 2:00 PM**



BUNCO

Experience a lively afternoon of fun with our social group dice game--no skill required! It's a fast-paced game that guarantees lots of laughs and great company. Don't miss out on the excitement!

**Prizes sponsored by
Allison Green of Assisted Living Locators &
Rachelle Ventura from In Home Personal Services**

**Friday, May 15, 2026
11:30 AM - 1:00 PM**



Register at myactivecenter.com/activities/4276:1 or call 630-719-6670



KARAOKE

You don't have to be a pro to enjoy karaoke! Join us for a fun, low-pressure opportunity to sing your favorite tunes like a true rockstar. Whether you want to sing with a friend, in a group, or perform solo, it's all about having a good time—no judgment, just fun! This month's karaoke session will feature the timeless hits of Elvis Presley in celebration of Pacific and Asian Heritage Month.

Friday, May 15, 2026
2:00 PM - 3:00 PM

TINY TROPICS: PAPER GARDEN CRAFT

Enjoy a relaxing escape and let your creativity grow! In this hands-on class, you'll create your own realistic green paper "potted" plants—no watering required. Perfect for all skill levels, it's a wonderful way to unwind, socialize, and enjoy some creative time. All materials are provided—just bring yourself and leave with 2 "potted" plants! Spots are limited, so sign up and grow your own Tiny Tropics this May! 🌿

Monday, May 18, 2026
10:00 AM - 12:00 PM



WASABI RESTAURANT MEET UP

Celebrate Asian American and Pacific Islander Heritage Month with a fun lunch outing at Wasabi! Enjoy delicious lunch specials while learning key points on how to use chopsticks with guidance from a staff member. This is a great opportunity to try something new, socialize, and connect with others in a relaxed setting. Please note that meals will be ordered individually and each guest will have a separate check. We hope you'll join us for food, fun, and conversation!

Tuesday, May 19, 2026
11:30 AM - 1:30 PM

Off-site program

Wasabi Restaurant

5130 Main St. Downers Grove, IL 60515



CRAFTERNOON: WREATHS IN BLOOM

Celebrate spring by creating your own colorful wreath! Join us for a fun and relaxing staff-guided craft—no experience needed, and all materials are provided. Using bright faux flowers, you'll design a wreath perfect for a front door, wall, or window to add a cheerful seasonal touch. Come socialize, get creative, and take home a handmade piece that brings a little springtime joy!

Monday, May 18, 2026
1:30 PM - 3:00 PM

Cost: \$5

Downers Grove Township Center | 4341 Saratoga Avenue, Downers Grove, IL 60515

SPRING WATERCOLORS CLASS

Join us for a relaxing and creative watercolor session! We will explore basic techniques perfect for beginners, focusing on simple strokes and working with water to create beautiful personal art. All supplies will be provided; just bring your enthusiasm to paint and have fun.

Sponsored by Angels HomeCare

Wednesday, May 20, 2026
12:30 PM - 2:00 PM



ALZHEIMER'S & DEMENTIA CARE PRESENTATION

Our presenter, **Sara Jamieson**, is a Dementia Connection Specialist as well as a Certified Dementia Practitioner. At **Home Helpers**, they are passionate about caring for their clients who have been diagnosed with Alzheimer's or dementia. They prioritize treating clients with dignity and respect, and encourage their clients to participate in the formation of their care plan to the full extent possible. Come learn how Home Helpers can provide respite for your family and discover firsthand what to prioritize when it comes to care for your loved one with Alzheimer's or dementia.

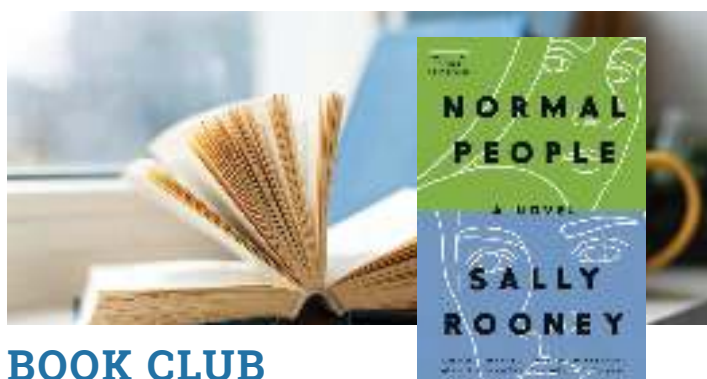
Thursday, May 21, 2026
11:00 AM - 12:30 PM



SING A LONG

Join us for a traditional Sing-a-Long session to unleash your inner songbird with some classics. A binder with words to each song will be provided. Songs will be accompanied and **led by Bob Jerosky**. Song requests are always welcome.

Tuesday, May 19, 2026
12:30 PM - 1:30 PM



BOOK CLUB

Make sure to check out *Normal People* by Sally Rooney. Connell and Marianne grew up in the same small town, but they couldn't be more different. Connell is well-liked and popular, while Marianne is more of a loner. However, when they start a conversation, their lives begin to change in unexpected ways. A year later, they find themselves both studying at Trinity College, where their roles have reversed.

Wednesday, May 20, 2026
1:30 PM - 2:30 PM
Township Board Room
4340 Prince Street, Downers Grove, IL

Register at myactivecenter.com/activities/4276:1 or call 630-719-6670



ALOHA FRIDAY

The month of May is Asian American and Pacific Islander Heritage Month. Say "Aloha!" to a day of tropical joy, music, and movement at our Aloha Friday Celebration! We're bringing the beauty and rhythm of the islands to the Township Center with a special performance by a talented hālau (Hawaiian hula group) HĀLAU I KA PONO. Enjoy a meal with a captivating hula show, then join in the fun with group participation—no experience needed! Our guests will guide you through basic hula steps and hand movements, making it easy and enjoyable for everyone to learn. It's a wonderful opportunity to celebrate Hawaiian culture, get moving, and share a few smiles with friends.

Friday, May 22, 2026

1:00 PM - 3:00 PM

Cost: \$5



WII WEDNESDAY

Looking for a fun and friendly way to stay active and social? Join us for Nintendo Wii & Ping Pong at the Downers Grove Township Center! Whether you're a seasoned pro or just trying something new, this is a great opportunity to get moving, challenge your hand-eye coordination, and enjoy some lighthearted competition with friends

Wednesday, May 27, 2026

12:30 PM - 2:00 PM

MODEL T SHOW & TELL

Come see 100-year-old cars that are still driven and enjoyed as a piece of history. Today's Model T drivers will show off their cars, answer your questions, and talk about the enjoyment of the hobby. The presentation consists of an indoor conversation followed by an outdoor "show and tell" in the Center's parking lot. We would like to thank the **Midwest Chapter of the Model T Ford Club International**, hosted by **Linda Rush**, for bringing this opportunity to us and showing us their cool cars!

Tuesday, May 26, 2026

12:00 PM - 2:00 PM



DISCOVERING SAND CANDLES

Are you curious about sand candles? These elegant white "sand" and "pearl" style candles are designed to be safer and easier to enjoy, making them perfect for senior crafters! Join us for a hands-on workshop where Township staff will guide you step by step as you customize your candle with soothing essential oils and decorative touches. **Lacey Creek** provides all the supplies—just bring your creativity! Craft a candle that smells wonderful, looks lovely, and is uniquely yours.

Friday, May 28, 2026

9:30 AM - 10:30 AM





POPCORN MATINEE

Join us for this month's Popcorn Matinee at the Township Center, where fresh movie theater-style popcorn and a little friendly voting fun await! After viewing the trailers, you'll choose between *Faraway* (2023), a charming story of self-discovery set against a stunning coastal backdrop, or *The Best You Can* (2025), an uplifting tale about embracing life's unexpected turns and finding connection along the way. Cast your vote by a show of hands and settle in for the feature presentation!

Friday, May 29, 2026
1:00 PM - 3:00 PM

As we welcome the month of May, I'd like to take a moment to recognize and celebrate the incredible individuals who strengthen our community each day.

We honor Mother's Day and extend our heartfelt appreciation to all mothers and mother figures whose love, strength, and guidance shape our families and future.



We also recognize International Labor Day, celebrating the dedication and hard work of all workers who contribute to the growth and success of our community.

During Nurses Week, we thank our nurses for their compassion, resilience, and unwavering commitment to caring for others. Your work makes a profound difference every day.

And on Firefighters' Day, we express our deep gratitude to the brave men and women who put their lives on the line to protect and serve us.

May is a time of appreciation, reflection, and community pride. Thank you to everyone who makes Downers Grove Township such a special place.

Wishing you all a positive and uplifting month ahead.

Kim Savage
Downers Grove Township Supervisor

Register at myactivecenter.com/activities/4276:1 or call 630-719-6670
Downers Grove Township Center | 4341 Saratoga Avenue, Downers Grove, IL 60515

HOW TO REGISTER FOR FEE-BASED ACTIVITIES:

- 1. FIND THE ACTIVITY:** Look for activities marked with a green dollar sign on My Active Center. This indicates they have a nominal fee.
- 2. CHECK THE PRICE:** Once you click on the activity, you'll see the price displayed in green text on the activity page.
- 3. ADD TO CART:** Click "Add to Cart" to proceed. The subtotal will be shown.
- 4. GO TO YOUR CART:** Open your cart to review your selection. Here, you can click the green box that says "Pay for Selected Items."
- 5. ENTER PAYMENT INFORMATION:** A pop-up will appear where you can enter your credit card details.
- 6. CONFIRM PAYMENT:** After entering your payment information, your receipt will be displayed.
- 7. OPTIONS AFTER PAYMENT:** From the receipt screen, you can:
 - Print your receipt.
 - View your schedule.
 - Return to browsing for more activities.
- 8. CALL THE TOWNSHIP** at 630-719-6670 if unable to register on My Active Center for assistance in registering for Fee-Based Activities.



SENIORS GOT TALENT

FRIDAY, MAY 8TH 1-4 PM
FISHEL PARK, 1036 GROVE ST
DOWNERS GROVE IL 60515

**Performer Sign-Up Deadline May 1*

Celebrate the vibrant and diverse talents of our senior community at our second annual Seniors Got Talent! Performances must be family-friendly and no longer than 5 minutes in length.

Interested? Call: (630) 719-6610



COMMUNITY ASSISTED RIDES

Make a Difference as a CARS Volunteer!

Community Assisted Rides (CARS) provides local older adults with safe, accompanied ride services and friendly outreach. The older adults CARS serve are our parents, neighbors, former teachers and childhood leaders—a generation of people whose wisdom and talents shaped our community. Now they need a little assistance from us—not just to stay connected to their community, but to get to essential appointments and life-enhancing errands when they no longer feel comfortable or are unable to drive themselves.

As a CARS volunteer, you'll bring security, dignity, and companionship to local older adults while cultivating a community whose citizens look out for one another. Plus, our volunteer schedules are highly flexible and all training is provided!

Driving Connection, One Ride at a Time

communityassistedrides.org · 708-354-9328



DOWNERS GROVE TOWNSHIP

LIHEAP

LOW INCOME HEATING AND ENERGY PROGRAM

LIHEAP PROVIDES A ONE-TIME BENEFIT TO ELIGIBLE HOUSEHOLDS FOR USE TOWARDS ENERGY COSTS



APPLICATION DATES

OCTOBER 1, 2025 - JULY 31, 2026



APPOINTMENTS

FOR MORE INFORMATION AND TO MAKE AN APPOINTMENT, CALL OUR GENERAL ASSISTANCE OFFICE 630-719-6684

FAMILY SIZE	60% SMI 30 DAY INCOME	60% SMI ANNUAL INCOME
1	\$3,332	\$39,979
2	\$4,257	\$52,281
3	\$5,382	\$64,582
4	\$6,407	\$76,884
5	\$7,432	\$89,185
6	\$8,457	\$101,486
7	\$9,449	\$103,793

PLEASE BRING A COPY OF SOCIAL SECURITY CARD, PROOF OF GROSS INCOME FOR ALL MEMBERS OF HOUSEHOLD, PROOF OF CURRENT LETTER FROM SOCIAL SECURITY INCOME, COPY OF LEASE AGREEMENT, MOST CURRENT NICOR OR COMED BILL, AND PROOF OF SNAP BENEFITS.

2026 ADVISORY COMMITTEE MEETINGS

SENIOR ADVISORY COMMITTEE

1st Monday of each month at 1:30 PM

DG Township Center
4341 Saratoga Avenue,
Downers Grove, IL 60515

January 5, 2026

February 2, 2026

March 2, 2026

April 6, 2026

May 4, 2026

June 1, 2026

July 6, 2026

August 3, 2026

No Meeting in September

October 5, 2026

November 2, 2026

December 7, 2026

YOUTH SERVICES ADVISORY COMMITTEE

4th Tuesday of each month at 7:00 PM

DG Township Center
4341 Saratoga Avenue,
Downers Grove, IL 60515

January 27, 2026

February 24, 2026

March 24, 2026

April 28, 2026

May 26, 2026

June 23, 2026

July 28, 2026

August 25, 2026

September 29, 2026

October 27, 2026

November 24, 2026

December 29, 2026

MENTAL HEALTH ADVISORY COMMITTEE

2nd Monday of each month at 4:00 PM

DG Township Board Room
4340 Prince Street,
Downers Grove, IL 60515

January 12, 2026

February 9, 2026

March 9, 2026

April 13, 2026

May 11, 2026

June 8, 2026

July 13, 2026

August 10, 2026

September 14, 2026

October 12, 2026

November 9, 2026

December 14, 2026

2026 DOWNERS GROVE TOWNSHIP BOARD MEETING SCHEDULE

3rd Monday of every month at 7:00 PM

Downers Grove Township Center

4341 Saratoga Ave.

Downers Grove, IL 60515

January 12, 2026
(2nd Monday)

February 17, 2026

March 16, 2026

April 20, 2026

May 18, 2026

June 15, 2026

July 20, 2026

August 17, 2026

September 21, 2026

October 19, 2026

November 16, 2026

December 14, 2026



Medical Lending Closet

The Township offers medical equipment for a 90-day loan at no cost to you. No residency or age requirements.

Make an appointment if you are in need of...

- Wheelchairs
- Walkers
- Canes
- Knee scooters
- Crutches
- Shower chairs
- Rollators



4340 Prince St.
Downers Grove, IL 60515



630-719-6670



Open Tue, Wed, Thu
9:00 am- 4:00 pm



Appointments required



Donations of durable medical equipment are accepted, clean and lightly used only.



AREA EVENTS

MEMORY CAFE



FOR INDIVIDUALS LIVING WITH DEMENTIA AND THEIR CARE PARTNERS

These Memory Cafe's deliver curated, intellectually engaging classes tailored to those with memory and language difficulties who are looking for a sense of community. The classes immerse participants in activities that promote engagement, socialization, and intellectual stimulation.

FIRST TUESDAY OF THE MONTH

1 - 2:30 PM

Multipurpose Room #1, Fort Hill Activity Center 20
Fort Hill Dr., Naperville

To register for the cafés, send a message to
dementiafriendlynaperville+info@gmail.com
or call Lisa Kirchner at 630-710-7502

FIRST WEDNESDAY OF THE MONTH

10:30-11:00 AM

Hinsdale Library
20E. Maple Ave.

RSVP to 630-986-1976

SECOND TUESDAY OF THE MONTH

2:00-3:30 PM.

Meeting Room A/B, Naperville Public Library, 95th
Street Branch

3015 Cedar Glade Dr., Naperville

To register for the cafés, send a message to
dementiafriendlynaperville+info@gmail.com
or call Lisa Kirchner at 630-710-7502

SECOND THURSDAY OF THE MONTH

1:00 - 2:00 PM

First Congressional Church of Christ
1047 Curtiss Street, Downers Grove, IL 60515

RSVP Kerry Quirin
630-800-7865

kerry@seniorlivingexperts.com

THIRD MONDAY OF THE MONTH

1:00-2:00 PM

Westmont Library
428 N. Cass Ave

RSVP to 630-869-6150

THIRD MONDAY OF THE MONTH

1:30 - 3:00 PM

Elmhurst Library
125 S. Prospect Ave.

RSVP: <http://elmlib.org/MemoryCafe>



DOWNERS GROVE TOWNSHIP ELECTED OFFICIALS

Supervisor
Kim Savage

Assessor
Gregory A. Boltz

Highway Commissioner
Tom Chlystek

Clerk
Mandy Roudebush

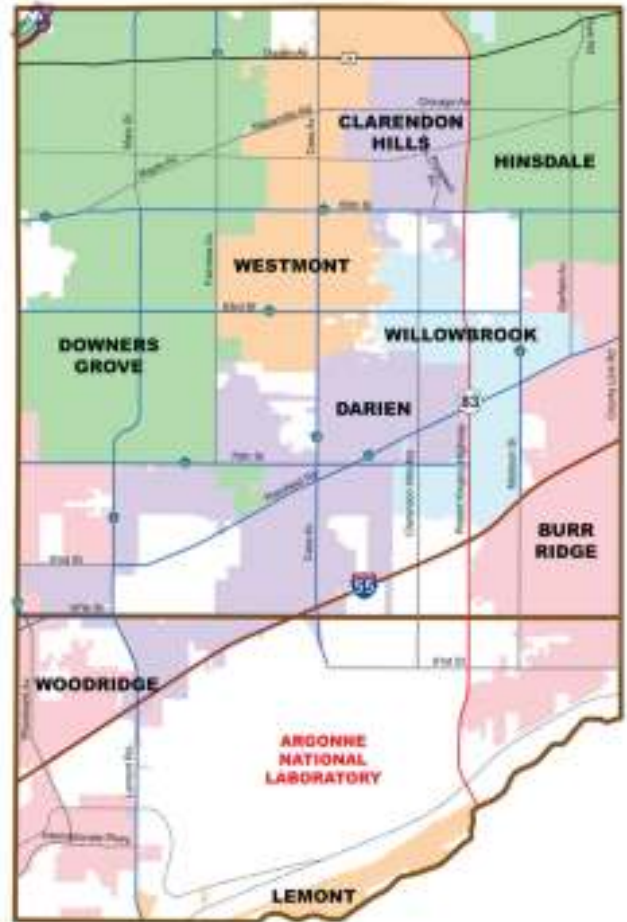
BOARD OF TRUSTEES

Kevin Szczerba

Karol Sole

Michelle Moreno

Richard Friel



Downers Grove Township Boundaries

Downers Grove Township is the largest township in DuPage County and covers the following areas: east to County Line Road, west to Woodward Avenue, north to 39th Street and south to the I&M Canal. Located in the southeast corner of DuPage County, the Township's jurisdiction includes the communities of

Burr Ridge
Clarendon Hills
Hinsdale
Darien
Downers Grove
Lemont
Westmont
Willowbrook
and Woodridge

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