

MARCH 2026



DOWNERS GROVE TOWNSHIP SENIOR PROGRAMS

DOWNERS GROVE TOWNSHIP CENTER
4341 Saratoga Avenue
Downers Grove, IL 60515

(630) 719-6670

www.myactivecenter.com/activities/4276:1

Registration for March programs opens on
Tuesday, February 24 at 9:00am
DO NOT LEAVE A VOICEMAIL

The Downers Grove Township Center provides programs and services designed to enhance the quality of life for our senior citizens 55 years of age and over. These programs promote independence and wellness to help older adults in the community remain active and healthy.

We look forward to seeing you soon

Downers Grove Township Center
4341 Saratoga
Downers Grove, IL 60515

Senior Programs

March 2026

Register at 630-719-6670 or
myactivecenter.com/activities/4276:1



Monday	Tuesday	Wednesday	Thursday	Friday
2 Township Center Closed	3 9:30 Games & Crafts 11:00 Community Dining 1:00 Bingocize 2:30 Games	4 9:30 Chair Yoga* 11:00 Community Dining 12:30 The Century of Progress 3:00 Chair Yoga*	5 9:30 Spreading Sunshine 1 11:30 Relaxation Class 1:00 Bingocize 2:30 Games	6 1:30 Musical Jam Saturday, March 7 11:00 Lemont Street Cafe Meetup
9 9:00 Just Us Seniors 12:30 Medicare Advantage 1:00 Card Making*	10 9:30 Games & Crafts 11:00 Community Dining 1:00 Bingocize 2:30 Games	11 9:30 Chair Yoga* 11:00 Alan & Jimmy at Community Dining 12:30 Bingo	12 9:00 Men's Coffee & Conversation 12:00 SSS: What is DSCC? 2:30 Games	13 1:00 Popcorn Matinee
16 11:00 Spring Watercolor Class 12:30 Medicare Advantage 1:00 Lanyard Making*	17 No Downers Grove Township Center Programs Primary Election Day	18 9:30 Chair Yoga* 11:00 Community Dining 1:30 Book Club 3:00 Chair Yoga*	19 9:30 Spreading Sunshine 2 10:30 Cybersecurity 1:00 Bingocize 2:30 Games	20 9:30 Veterans Coffee, Conversation, & Resource Rally 11:30 Bunco 2:00 Karaoke
23 11:00 What's New at Downers Grove Public Library 12:30 Medicare Advantage 1:30 Crafternoon: 'Petals, Paint & Pretty Boxes*'	24 9:30 Games & Crafts 11:00 Community Dining 1:00 Bingocize 2:30 Games & Ping Pong Tournament	25 9:30 Chair Yoga* 11:00 Community Dining 12:30 Wii Wednesday 3:00 Chair Yoga*	26 9:00 Card Games Galore 10:30 Weather Safety with Alan Jirik 1:00 Bingocize 2:30 Games & Ping Pong Tournament	27 1:00 Growing Green Spring Social*
30 12:00 Laura Ingalls Wilder Presentation at DG Public Library 2:00 Scam Prevention	31 9:30 Games & Crafts 11:00 Community Dining 1:00 Bingocize 2:30 Games	1	2	3

* \$5 cost to participate
** Fee to participate

Registration for March programs opens Tuesday, February 24 at 9:00am

To learn more visit: www.dgtownship.com/senior-services/



COME ENJOY LUNCH WHILE SOCIALIZING
WITH OTHERS IN OUR COMMUNITY

Community Dining

DuPage Senior Citizens Council will serve
hot, nutritional meals to senior citizens 60+
on Tuesdays and Wednesdays
from 11:00 am - 12:00 pm.

Downers Grove Township Center
4341 Saratoga Avenue
Downers Grove, IL 60515

Meals are a suggested donation of \$5

**REGISTER BY 10AM THE WEDNESDAY PRIOR
AT 630-642-8517**



DuPage Senior Citizens Council
Providing Meals and More...

COMMUNITY DINING MENU

Downers Grove Township
MARCH 2026

(630) 642-8517

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	Turkey Pot Roast & Gravy Baked Potato Peas & Carrots Multigrain Bread Chef's Fruit 3	Spaghetti & Meatballs Marinara Sauce Broccoli Wheat Vienna Chilled Peaches 4	5	6
9	Potato Leek & Sausage Chowder Peas & Carrots Mixed Salad Greens Corn Bread Warm Apple Crumble 10	Miso Glazed Chicken Thigh Scalloped Potatoes Baked Bean Casserole Multigrain Bread Fruit Jello 11	12	13
16	No Township Center Programs Primary Election Day 17	Salisbury Steak Mashed Potatoes Corn Whole Wheat Roll Pineapple Tidbits 18	19	20
23	Spaghetti & Meatballs Marinara Sauce Mixed Salad Greens Multigrain Bread Warm Peach Cobbler 24	Hamburger German Potato Salad Green Beans Wheat Hamburger Bun Apple Sauce 25	26	27
30	Salisbury Steak Mashed Potatoes Cabbage & Carrots Multigrain Bread Fresh Melon Oatmeal Raisin Cookie 31			All Meals Include a Beverage (* Substitutions for Diabetic

MENU ITEMS SUBJECT TO CHANGE WITHOUT NOTICE DGTS

PLEASE REGISTER IN ADVANCE FOR ALL EVENTS!

Visit myactivecenter.com/activities/4276:1 or call 630-719-6670.



Sign up early so you don't miss out! Waitlists will be formed once events reach capacity.

If you are unable to attend an event, kindly call and let us know so that we can accommodate others who are interested.

JUST A REMINDER

Township Center doors will be opened 30 minutes before the start time of an event.

**REGISTRATION FOR MARCH
PROGRAMS OPENS ON TUESDAY,
FEBRUARY 24 AT 9:00AM**

DO NOT LEAVE A VOICEMAIL.

When visiting Downers Grove Township you may park in front of both the Township Center building (4341 Saratoga Avenue) or the Administrative Offices building (4340 Prince Street). Additional parallel parking is located on Sherman Street. Please be careful in our parking lot and consider carpooling when you can. Parking is limited!





GAMES AND OPEN CRAFTING

Calling all early birds! Meet up with us on Tuesday mornings for some coffee, camaraderie, gaming, and crafting! We have a variety of board games, playing cards, American and Chinese Mahjong sets, puzzles, and craft supplies to choose from. This is also a great time to bring your own supplies, games, and projects from home to work on while hanging out with great people and starting your day off right.

Tuesdays, March 3, 10, 24, 31, 2026
9:30 AM - 10:30 AM

BINGOCIZE

Bingocize for falls prevention: We will meet for 2 classes each week for 10 weeks for a total of 20 classes. Each class will consist of playing Bingo, some light exercises, and health education related to fall prevention. Exercises can be easily modified for anyone to participate. There is no cost to attend and there will be prizes awarded often.

Tuesdays, March 3, 10, 24, 31, 2026
Thursdays, March 5, 19, 26, 2026
1:00 PM - 2:00 PM



GAMES, CARDS, PING PONG, AND MORE!

Games, Ping Pong, and Puzzles, oh my! If you're looking for a fun afternoon with a dash of friendly competition, join us for afternoon games! Whether you prefer to play board games with a group, ping pong with the regulars, or "socially introvert" by working on a puzzle, we have something for everybody. **Please note: ping pong tables will be used for tournament play only on March 24 & 26.**

Tuesdays: March 3, 10, 24, 31, 2026
Thursdays: March 5, 12, 19, 26, 2026
2:30 PM - 3:30 PM

MORNING CHAIR YOGA

Join us for a gentle exercise class focused on stretching and strengthening! This session includes both seated and standing chair yoga postures, designed to enhance your flexibility, mobility, relaxation skills, balance, and coordination. Come and experience the benefits of mindful movement in a supportive environment!

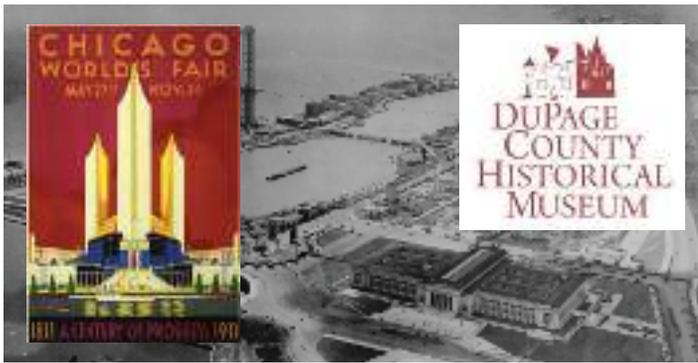
Presented by MKH Yoga

Wednesdays, March 4, 11, 18, 25, 2026
9:30 AM - 10:30 AM
Cost: \$5



Register at myactivecenter.com/activities/4276:1 or call 630-719-6670

Downers Grove Township Center | 4341 Saratoga Avenue, Downers Grove, IL 60515



THE CENTURY OF PROGRESS: 1933-34 CHICAGO WORLD'S FAIR IN DUPAGE COUNTY

Forty years after the Columbian Exposition, Chicago once again hosted its second World's Fair under the title "A Century of Progress" in 1933. Join the **DuPage County Historical Museum** as they explore Chicago's "A Century of Progress" history and how it looked towards the future, highlighting modern living, consumerism, and entertainment.

**Wednesdays, March 4, 2026
12:30 PM - 2:00 PM**



SPREADING SUNSHINE: VOLUNTEER PROJECTS

Help give back to the community by volunteering! Each month we'll have a variety of projects available that will benefit local organizations in our area. Your efforts will make a positive impact on our community members.

**Session 1: Thursday, March 5, 2026
Session 2: Thursday, March 19, 2026
9:30 AM - 10:30 AM**

AFTERNOON CHAIR YOGA

Join us for a gentle exercise class focused on stretching and strengthening! This session includes both seated and standing chair yoga postures, designed to enhance your flexibility, mobility, relaxation skills, balance, and coordination. Come and experience the benefits of mindful movement in a supportive environment!

Presented by MKH Yoga

**Wednesdays, March 4, 18, 25, 2026
3:00 PM - 4:00 PM**

Cost: \$5



RELAXATION CLASS

Feeling stressed? Come relax with us! Allow your cares to melt away as you practice calming breathing exercises, guided visualization, and other mindful techniques designed to reduce stress and improve overall well-being. ****Relaxation class has been moved to the Senior Center for 2026**

**In partnership with Metropolitan Family Services
Presented by Nate Underhile**

**1st Thursday of the month
March 5, 2026
11:30 AM - 12:00 PM**



Register at myactivecenter.com/activities/4276:1 or call 630-719-6670



MUSICAL JAM

Calling all musicians and music lovers! Do you play an instrument and want to jam with fellow seniors? Or perhaps you'd like to enjoy live performances from others? Join us for a lively jam session! Bring your instrument and a music stand, and if you have sheet music to share, feel free to bring that along as well. Come enjoy an afternoon of live music and camaraderie—let's make some beautiful sounds together!

**Friday, March 6, 2026
1:30 PM - 3:30 PM**

LUNCH MEET UP AT LEMONT STREET CAFE

Start your morning with good food and even better company! The Township invites you to come and join us for Brunch! This is a wonderful opportunity to enjoy a local restaurant and possibly meet new faces. **Separate checks, registration is required, and the Township will be making all the arrangements. This is an individual meet-up, no transportation is provided by the Township.**

**Saturday, March 7, 2026
11:00 AM - 12:00 PM**

Offsite Program:

**Lemont Street Cafe
7329 Lemont Rd, Downers Grove, IL 60516**



JUST US SENIORS

Just Us Seniors is an opportunity for Township Center patrons and Township staff to get together to discuss the current ideas, thoughts, opinions, issues, needs, and wants of the older adults that we serve. It's a great place to ask questions, get connected with resources, and bring new ideas to the table. Don't be shy...give it a try!

**Monday, March 9, 2026
9:00 AM - 10:00 AM**

MEDICARE ADVANTAGE OPEN ENROLLMENT WITH KILY

If you've attended chair volleyball or line dancing at the Senior Center, or have stopped by the Humana Van for a birthday cupcake, you likely will recognize **Kily Malden-Adams**, our knowledgeable and friendly **Humana** representative. Kily will be in the board room during the hours of 12:30-3:30 p.m. to talk with you about all of your Medicare Advantage Open Enrollment needs. No appointment necessary—first come, first served.

**Mondays, March 9, 16, 23, 2026
12:30 PM - 3:30 PM**

**D.G. Township Board Room
4340 Prince Street, Downers Grove, IL 60515**

Humana



CARDMAKING CLASS

Grab a spot before they're gone for this incredibly popular cardmaking class. You'll learn to make your own homemade greeting cards using a variety of rubber stamping and paper crafting techniques, guided by instructor **Lou Smolinski**. By the end of class, you'll have a handcrafted masterpiece that you may want to keep for yourself! This class fills up fast and does not disappoint.

Monday, March 9, 2026
1:00 PM - 3:00 PM
Cost: \$5



BINGO

Come to the Downers Grove Township Center for a fun afternoon of Bingo! This is the most popular event, so sign up early! Prizes will be awarded, and dessert will be served. Don't forget - we will celebrate all of the special monthly birthdays!

Wednesday, March 11, 2026
12:30 PM - 2:00 PM

ALAN & JIMMY AT COMMUNITY DINING: IRISH SONGS

During Community Dining, enjoy music from a time when we were young and the music was great. **Alan and Jimmy** played 60's music in high school and college. They took a long (38 year) break to focus on family and careers but now they are back, providing entertainment to seniors during Community Dining!

Wednesday, March 11, 2026
11:00 AM - 12:00 PM



MEN'S COFFEE AND CONVERSATION

Come be a part of Coffee and Conversation, an exclusive gathering for men! Enjoy a warm cup of coffee while engaging in lively discussions on topics that matter to you—from sports and hobbies to personal experiences and current events. This is a great opportunity to connect with other guys, share your thoughts, and build camaraderie in a relaxed setting. Whether you're here to chat or listen, your voice is welcome.

Thursday, March 12, 2026
9:00 AM - 10:30 AM



Register at myactivecenter.com/activities/4276:1 or call 630-719-6670



DuPage Senior Citizens Council

Providing Meals and More...

SSS: DSCC PRESENTATION

Join us for an informative and engaging presentation with **DuPage County Community Services**, featuring guest speaker **Amy Gaydos**. Learn about the wide range of programs and resources available to support older adults and their families right here in our community. The presentation will be followed by a complimentary lunch and plenty of time for questions and conversation. Enjoy a meal, gather helpful information, and connect with services designed to help you thrive.

Thursday, March 12, 2026
12:00 PM - 2:00 PM

POPCORN MATINEE

Kick it old school with a classic movie afternoon! Sit back, relax, and enjoy fresh movie-theater popcorn while the audience decides what we watch with a simple show of hands. This month's choices are *A League of Their Own* (1992) starring Geena Davis, Tom Hanks, and Madonna—a fun, heartfelt sports classic—or *The Sting* (1973) starring Paul Newman and Robert Redford, a smart and stylish con-artist favorite. Cast your vote, grab some popcorn, and enjoy a nostalgic afternoon at your local Township Center.

Friday, March 13, 2026
1:00 PM - 3:00 PM



LANYARD MAKING CLASS

Lanyard making class, where you'll design and create your very own custom lanyard. Perfect for keys. Whether you're looking to add a splash of color to your everyday attire or create a unique, custom lanyard for the Township Center, this is the perfect opportunity to get crafty. Choose from a variety of colorful beads, cords, and charms to design a lanyard that reflects your personal style. All supplies will be provided—just bring your imagination!

Presented by Jeanne Nowak

Monday, March 16, 2026
1:00 PM - 3:00 PM

Cost: \$5



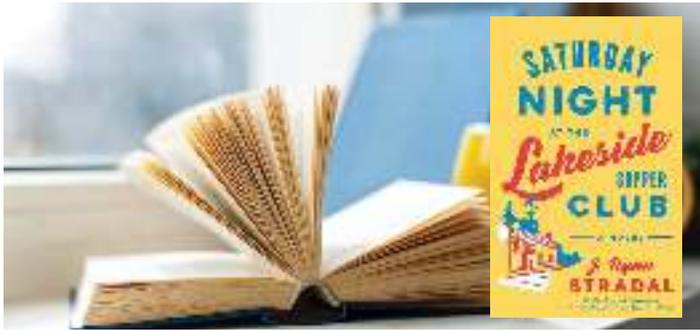
SPRING WATERCOLOR CLASS

Join us for a relaxing and creative watercolor session! We will explore basic techniques perfect for beginners, focusing on simple strokes and working with water to create beautiful personal art. All supplies will be provided; just bring your enthusiasm to paint and have fun.

Presented by Suzanne

Monday, March 16, 2026
11:00 AM - 12:30 PM

Downers Grove Township Center | 4341 Saratoga Avenue, Downers Grove, IL 60515



BOOK CLUB

Saturday Night at the Lakeside Supper Club by J. Ryan Stradal follows Mariel Prager as she struggles to save her family's fading restaurant, cope with her husband Ned's identity crisis, and mend her relationship with her mother. After a tragedy, Mariel and Ned must decide if the Lakeside Supper Club can help them rebuild their lives. The novel is a heartfelt story of family, loss, and hope in the Midwest.

**Wednesday, March 18, 2026
1:30 PM - 2:30 PM**

**D.G. Township Board Room
4340 Prince Street, Downers Grove, IL 60515**



VETERANS' COFFEE, CONVERSATION, & RESOURCE RALLY

Veterans Coffee, Conversation, and Resource Rally is a monthly opportunity for veterans to come together for coffee, doughnuts, and connection. There will also be a variety of agencies from the community who will be available to discuss benefits and resources specifically for veterans. **No registration necessary. Coffee and Conversation from 9:30-10:30. Resource Rally from 10:30-2:00 p.m. Located in the Board Room of our 4340 Prince Street building.**

**Friday, March 20, 2026
9:30 AM - 2:30 PM**

**D.G. Township Board Room
4340 Prince Street, Downers Grove, IL 60515**

CYBERSECURITY CONSIDERATIONS FOR SENIORS

Join us for an informative and easy-to-understand presentation brought to us by the **DuPage County Sheriff's Office**. Learn helpful tips on staying safe online, protecting your personal information, and avoiding common scams. Our presenter is an experienced IT Auditor and member of a Cybersecurity and Cyber Incident Response team—who also happens to be a fellow senior. Come gain practical knowledge, ask questions, and feel more confident navigating today's digital world!

**Thursday, March 19, 2026
10:30 AM - 11:30 AM**



BUNCO

Experience a lively afternoon of fun with our social group dice game—no skill required! It's a fast-paced game that guarantees lots of laughs and great company. Don't miss out on the excitement!

**Prizes sponsored by
Allison Green of Assisted Living Locators &
Rachelle Ventura from In Home Personal Services**

**Friday, March 20, 2026
11:30 AM - 1:00 PM**



Register at myactivecenter.com/activities/4276:1 or call 630-719-6670

WHAT'S NEW AT DOWNERS GROVE PUBLIC LIBRARY

Enjoy an introduction to the Downers Grove Public Library's maker equipment and a preview of what's coming soon. Learn how to book a one on one time with a Library Maker expert and see examples of projects you can create in the "makerspace". **Jack Schultz**, the technology program coordinator from the **Downers Grove Public Library** will be coming to the Township Center for this special presentation!

- What machines/ projects we offer
- How to setup a Book-an-Expert for making projects and technology help
- What we are planning for the space as we get to the end of 2026
- Show some of the items we made on the machines
- Have a question and answer segment

**Monday, March 23, 2026
11:00 AM - 2:00 PM**



KARAOKE

Karaoke is for everyone! Join us for a relaxed, welcoming time where you can sing your favorite songs, solo or with friends. No experience needed, just a love for music and laughter. Enjoy good company, old favorites, and a supportive audience. Let's make great memories together!

**Friday, March 20, 2026
2:00 PM - 3:00 PM**

PING PONG TOURNAMENT

We will be holding a ping pong tournament during Game Hour on March 24 & March 26. ****Please note: During Game Hour, ping pong tables will be used for tournament play only. Open play will not be available during this time and will resume in April. You can sign up for the tournament at any time the township center is open before this day.****

**Tuesday & Thursday, March 24 & 26, 2026
2:30 PM - 3:30 PM**



CRAFTERNOON: PETALS, PAINT & PRETTY BOXES

Welcome spring with a creative twist as we transform classic cigar boxes into beautiful, season-inspired keepsakes! All supplies will be provided, and you're welcome to bring personal photos, trinkets, or small treasures you'd like to incorporate into your design. A staff member will guide you step-by-step, making this project fun and easy for all skill levels. Add flowers, paint, charms, and meaningful mementos to create a unique piece you'll be proud to take home. Join us for a cheerful burst of color and creativity—perfect for welcoming the new season!

**Monday, March 23, 2026
1:30 PM - 3:00 PM
Cost: \$5**



WII WEDNESDAY

Looking for a fun and friendly way to stay active and social? Join us for Nintendo Wii & Ping Pong at the Downers Grove Township Senior Center! Whether you're a seasoned pro or just trying something new, this is a great opportunity to get moving, challenge your hand-eye coordination, and enjoy some lighthearted competition with friends.

**Wednesday, March 25, 2026
12:30 PM - 2:00 PM**



WEATHER SAFETY WITH ALAN JIRIK

Warm spring weather also brings dangerous storms. Learn about lightning, tornadoes, flash floods, and oppressive heat, the risks they pose, and safety measures. **Presented by Alan Jirik**, a degreed meteorologist, certified storm spotter, and amateur storm chaser.

**Thursday, March 26, 2026
10:30 AM - 12:00 PM**

CARD GAMES GALORE

Whether you're a pro at Hearts or curious about games like Euchre, Five Crowns, or Skyjo, there's a seat at the table for you. This is a great opportunity to learn a new game or enjoy an old favorite with friends. The room will be all about cards—just bring your curiosity and your game face! **(This is not an instructional class! It is designated time to play the card game of your choice with friends.)**

**Thursday, March 26, 2026
9:00 AM - 10:00 AM**



GROWING GREEN SPRING SOCIAL

Spring is a season of transition from rest to revival. It's the season where grass starts to grow, flowers begin to blossom, leprechauns come out to play, bunnies abound, and sunshine brings out the best in us. What better way to celebrate than with a social? Join us for a "Growing Green" party to celebrate all things spring. Wear green or pastels to commemorate the occasion, enjoy lunch and desserts, and as a special treat, **we will also have an entertainer who does magic as well as balloon twisting.** You won't want to miss it!

**Friday, March 27, 2026
1:00 PM - 3:00 PM
Cost: \$5**



Register at myactivecenter.com/activities/4276:1 or call 630-719-6670

LAURA INGALLS WILDER: ALL I HAVE TOLD IS TRUE

In the summer of 1937, author of the beloved Little House books, Laura Ingalls Wilder, and her husband Almanzo moved from the Rock House on their property in Mansfield Mo., back into the farmhouse they loved. Call on Laura in September of that year. Her 4th book, *On the Banks of Plum Creek*, is about to be published and Laura prepares for what will be her only national public speaking engagement, for the Detroit Book Fair. Listen as Laura reminisces about her childhood, her marriage, and the "truth" of her tales. **Historical Presentation by Debra Miller.**



**Monday, March 30, 2026
12:00 PM - 1:00 PM**

Offsite Program:

**Downers Grove Public Library
1050 Curtiss St, Downers Grove, IL 60515**

SCAM PREVENTION EVENT

Scam artists often take age as a vulnerability. As a result, seniors are a frequent target of a wide range of consumer fraud scams. Join **Attorney General Kwame Raoul's Community Outreach** team for this Fraud Protection and advocacy for Seniors seminar, where you will learn how to understand and recognize potential fraud attempts, learn how to be ready to stop the scams, and how to reach out to the Attorney General's Senior Help Line. **No registration necessary. Contact: Lindsey Archbold office@repmartideuter.com 630-413-1080**

**Monday, March 30, 2026
2:00 PM - 3:00 PM**



AARP SMART DRIVER

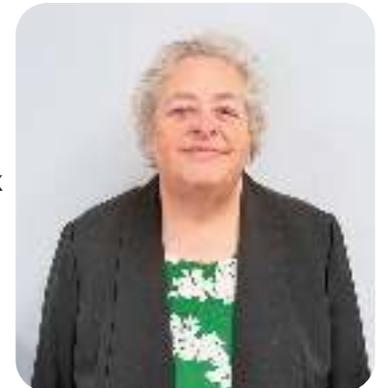
This 2-day course teaches proven driving techniques to help keep you and your loved ones safe on the road. Additionally, you could be eligible for a multi-year discount on your auto insurance. **Bring cash or check to the first day of class. Please bring your own lunch. Light refreshments will be provided. Must call (630) 719-6670 to register.**

**Monday & Wednesday, April 20 & 22, 2026
10:00 AM - 2:00 PM**

**\$20 AARP members
\$25 non-AARP members**

**D.G. Township Board Room
4340 Prince Street, Downers Grove, IL 60515**

As we welcome March, we embrace the promise of spring with renewed enthusiasm. We look forward to gathering for programs that activate our minds and foster meaningful connections. At Downers Grove Township Center, we are inspired by the incredible strength, wisdom, and spirit of our senior community.



**Kim Savage
Downers Grove Township Supervisor**



Downers Grove Township Center | 4341 Saratoga Avenue, Downers Grove, IL 60515



Let's show some love to our community members in need. This month, please consider bringing a paper product to benefit local families served by FISH Food Pantry. Thanks in advance for your generosity!

ITEMS MOST IN NEED:

Paper Products, such as:

- Toilet Paper
- Paper Towels
- Tissues
- Napkins



Westmont Chamber Senior Resource Committee presents...

Resource Rally and Bingo Bash



Come for Bingo and stay for informational senior resources and giveaways. Bring your friends!

Reserve your spot! Seating is limited.
 Wcctb@westmontchamber.com or call 630-719-6670.

THURSDAY, APRIL 9

Westmont Park District

75 E. Richmond Street
 Westmont, IL

Please identify which Bingo session you would like to attend.

- 9:30 AM Doors Open
- 10 AM First Bingo Session
- 10:45 AM Break
- 11:15 AM Second Bingo Session

Visit QR code for additional information on the Westmont Chamber Senior Resource Committee:



LIHEAP

LOW INCOME HEATING AND ENERGY PROGRAM

LIHEAP PROVIDES A ONE-TIME BENEFIT TO ELIGIBLE HOUSEHOLDS FOR USE TOWARDS ENERGY COSTS

APPLICATION DATES

OCTOBER 1, 2025 - JULY 31, 2026

APPOINTMENTS

FOR MORE INFORMATION AND TO MAKE AN APPOINTMENT, CALL OUR GENERAL ASSISTANCE OFFICE 630-719-6684

FAMILY SIZE	60% SMI 30 DAY INCOME	60% SMI ANNUAL INCOME
1	\$3,331	\$39,979
2	\$4,257	\$52,281
3	\$5,382	\$64,582
4	\$6,407	\$76,884
5	\$7,432	\$89,185
6	\$8,457	\$101,486
7	\$8,619	\$103,795

PLEASE BRING A COPY OF SOCIAL SECURITY CARD, PROOF OF GROSS INCOME FOR ALL MEMBERS OF HOUSEHOLD, PROOF OF CURRENT LETTER FROM SOCIAL SECURITY INCOME, COPY OF LEASE AGREEMENT, MOST CURRENT NICOR OR COMED BILL, AND PROOF OF SNAP BENEFITS.



Office of Illinois Attorney General Kwame Raoul

Join Attorney General Kwame Raoul's Community Outreach Team for the presentation:

FRAUD PROTECTION AND ADVOCACY FOR SENIORS

Scam artists often take age as a vulnerability.
As a result, seniors are a frequent target of a wide range of consumer fraud scams.



FRAUD ALERTS • FRAUD ALERTS • FRAUD ALERTS

March 30th
at
2:00 pm

LEARN TO:

Understand how to recognize potential fraud attempts

Learn how to be ready to stop the scams

Reach out to the Attorney General's Senior Help Line

LOCATION

4341 Saratoga Ave.
Downers Grove, IL 60515



*Sponsored by Rep. Deuter and
Sen. Glowiak-Hilton's office*



COMMUNITY ASSISTED RIDES

Make a Difference as a CARS Volunteer!

Community Assisted Rides (CARS) provides local older adults with safe, accompanied ride services and friendly outreach. The older adults CARS serve are our parents, neighbors, former teachers and childhood leaders—a generation of people whose wisdom and talents shaped our community. Now they need a little assistance from us—not just to stay connected to their community, but to get to essential appointments and life-enhancing errands when they no longer feel comfortable or are unable to drive themselves.

As a CARS volunteer, you'll bring security, dignity, and companionship to local older adults while cultivating a community whose citizens look out for one another. Plus, our volunteer schedules are highly flexible and all training is provided!

Driving Connection, One Ride at a Time

communityassistedrides.org · 708-354-9328

HOW TO REGISTER FOR FEE-BASED ACTIVITIES:

- 1. FIND THE ACTIVITY:** Look for activities marked with a green dollar sign on My Active Center. This indicates they have a nominal fee.
- 2. CHECK THE PRICE:** Once you click on the activity, you'll see the price displayed in green text on the activity page.
- 3. ADD TO CART:** Click "Add to Cart" to proceed. The subtotal will be shown.
- 4. GO TO YOUR CART:** Open your cart to review your selection. Here, you can click the green box that says "Pay for Selected Items."
- 5. ENTER PAYMENT INFORMATION:** A pop-up will appear where you can enter your credit card details.
- 6. CONFIRM PAYMENT:** After entering your payment information, your receipt will be displayed.
- 7. OPTIONS AFTER PAYMENT:** From the receipt screen, you can:
 - Print your receipt.
 - View your schedule.
 - Return to browsing for more activities.
- 8. CALL THE TOWNSHIP** at 630-719-6670 if unable to register on My Active Center for assistance in registering for Fee-Based Activities.

2026 SENIOR ADVISORY COMMITTEE MEETING SCHEDULE

1st Monday of every month from 1:30-2:30 PM
Downers Grove Township Center
4341 Saratoga Ave.
Downers Grove, IL 60515

January 5, 2026

July 6, 2026

February 2, 2026

August 3, 2026

March 2, 2026

September: No Meeting
(Labor Day Holiday)

April 6, 2026

October 5, 2026

May 4, 2026

November 2, 2026

June 1, 2026

December 7, 2026: Holiday Celebration

2026 DOWNERS GROVE TOWNSHIP BOARD MEETING SCHEDULE

3rd Monday of every month at 7:00 PM
Downers Grove Township Center
4341 Saratoga Ave.
Downers Grove, IL 60515

January 12, 2026
(2nd Monday)

July 20, 2026

February 17, 2026

August 17, 2026

March 16, 2026

September 21, 2026

April 20, 2026

October 19, 2026

May 18, 2026

November 16, 2026

June 15, 2026

December 14, 2026

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AREA EVENTS

MEMORY CAFE



FOR INDIVIDUALS LIVING WITH DEMENTIA AND THEIR CARE PARTNERS

These Memory Cafe's deliver curated, intellectually engaging classes tailored to those with memory and language difficulties who are looking for a sense of community. The classes immerse participants in activities that promote engagement, socialization, and intellectual stimulation.

FIRST TUESDAY OF THE MONTH

1 - 2:30 PM

Multipurpose Room #1, Fort Hill Activity Center 20
Fort Hill Dr., Naperville

To register for the cafés, send a message to
dementiafriendlynaperville+info@gmail.com
or call Lisa Kirchner at 630-710-7502

FIRST WEDNESDAY OF THE MONTH

10:30-11:00 AM

Hinsdale Library
20E. Maple Ave.

RSVP to 630-986-1976

SECOND TUESDAY OF THE MONTH

2:00-3:30 PM.

Meeting Room A/B, Naperville Public Library, 95th
Street Branch

3015 Cedar Glade Dr., Naperville

To register for the cafés, send a message to
dementiafriendlynaperville+info@gmail.com
or call Lisa Kirchner at 630-710-7502

SECOND TUESDAY OF THE MONTH

1:00 - 2:00 PM

First Congressional Church of Christ
1047 Curtiss Street Downers Grove, IL 60515

RSVP Kerry Quirin
630-800-7865

kerry@seniorlivingexperts.com

THIRD MONDAY OF THE MONTH

1:00-2:00 PM

Westmont Library
428 N. Cass Ave

RSVP to 630-869-6150

THIRD MONDAY OF THE MONTH

1:30 - 3:00 PM

Elmhurst Library
125 S. Prospect Ave.

RSVP: <http://elmlib.org/MemoryCafe>



DOWNERS GROVE TOWNSHIP ELECTED OFFICIALS

Supervisor
Kim Savage

Assessor
Gregory A. Boltz

Highway Commissioner
Tom Chlystek

Clerk
Mandy Roudebush

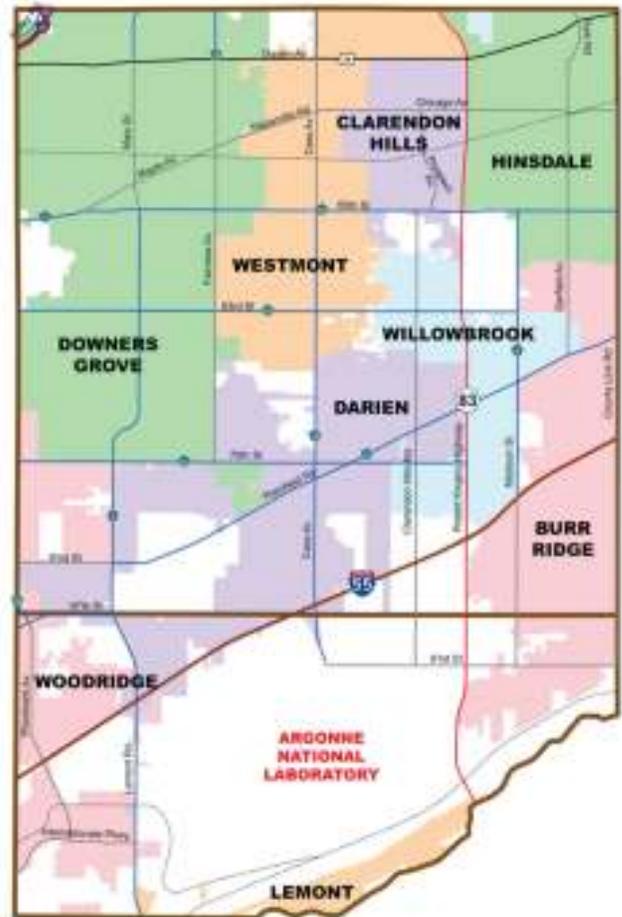
BOARD OF TRUSTEES

Kevin Szczerba

Karol Sole

Michelle Moreno

Richard Friel



Downers Grove Township Boundaries

Downers Grove Township is the largest township in DuPage County and covers the following areas: east to County Line Road, west to Woodward Avenue, north to 39th Street and south to the I&M Canal. Located in the southeast corner of DuPage County, the Township's jurisdiction includes the communities of

Burr Ridge
Clarendon Hills
Hinsdale
Darien
Downers Grove
Lemont
Westmont
Willowbrook
and Woodridge

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