

Darien Health & Wellness Fair

Be Fit...Eat Right...Think Well

Co-Sponsored By

City of Darien • Darien Park District • Darien Chamber of Commerce



Wednesday, October 19, 2011

3pm to 7pm • Free Admission • All Ages Welcome

Darien Sportsplex • 451 Plainfield Road • Darien

Special Screenings, Health Tips and Great Advice!

Don't miss our on a chance to learn how you and
your family can become the healthiest people on the planet!

Meet and greet Darien Chamber of Commerce

Health and Wellness Members!

For more information call 630.968.0004 or visit www.darienchamber.com